

How can we turn negative to positive?


Children your age are exposed to - and produce - a wide range of content, which can include lots of negative messages that promote bad behaviour.

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| Have you (or anyone you know) ever experienced a random act of kindness online? |
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| How did it make you feel? |
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| Have you (or anyone you know) seen someone be negative on the internet? |
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| How did that make you feel? |
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| What simple actions can we take to turn negative interactions into positive ones? |
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Whether standing up for others, reporting something hurtful or ignoring something to stop it from being made even worse, you have a variety of strategies to choose from, depending on the situation. Everyone is responsible for creating a positive online experience.

Turning negative into positive

Write something positive that you could say instead of the negative statement

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| 'Lol Connor is the only one in class not going on the camping trip this weekend.' |
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| Everybody wear purple tomorrow but don't tell Yasmin. |
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| Sorry I don't think you can come to my party. It'll cost too much money.' |
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| 'No offence but your handwriting is embarrassing so you should probably switch groups for this project.' |
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| 'This makes me cringe — who told Aisha she can sing?? |
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| 'You can only join our group if you give me the login to your account. |
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| 'Am I the only one who thinks Clare looks kinda like a Smurf? |
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