

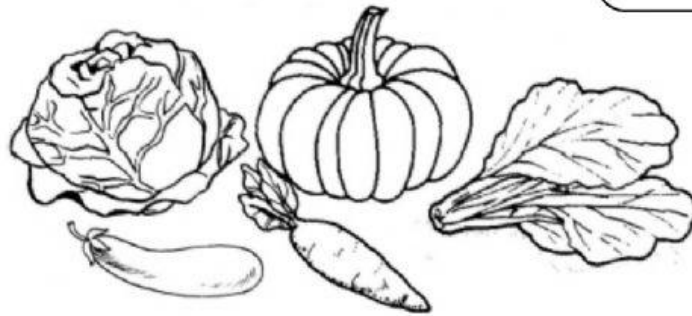
NAME		CLASS	
DATE	17 AUGUST 2021	DAY	TUESDAY
TITLE	READING : INFORMATION TRANSFER		

Read the notes and fill in the blanks.

Clean and
healthy

Wash before eating
and cooking

May contain
pesticides



How to wash :

- ❖ Clean water
- ❖ Soap

Contamination:

- ❖ Germs
- ❖ Bacteria

There are many ways to ensure that the food we prepare is _____(1) and healthy to eat. First, we must wash wash all fruits and vegetables carefully before _____(2). The reason is they may contain _____(3) which may harm us. To wash them, we must use _____(4) to do this. This will remove all contamination like _____(5) and bacteria. Always wash your hands before you prepare or serve food. Finally, remember to cover food to keep from flies.