

ADVANTAGES AND DISADVANTAGES OF SMARTPHONES

Smartphones are the friendly gadgets which have made everything reachable through a touch. They have occupied such a huge place in our daily lives that it is no wonder that for most of us, a smartphone is the first thing we look at in the morning and it is the last thing we see before going to bed.

Students can improve themselves with the help of smartphone, or they can spoil their life with the same smartphone. The advantages of smartphones is it provides a platform for communication to keep in touch with your family or friends no matter where they are. It is great equipment in order to improve knowledge or to clear any doubt you have and get a great explanation with the help of the Internet, the whole library is in the students' pocket as a smartphone. With smartphones, you can easily keep updated with the what is happening around the world. Students are able to get to know about the news at their fingertips with just a click!

There are many disadvantages too. The electromagnetic radiation will be high because of the heavy internet usage and might lead to health problems such as brain tumor, skin cancer, dizziness, ear problems, and severe eye-strain and would slowly damage the retina. Many suffers for psychological issues such as loneliness, feeling self-centered, addiction and keeps you away from interact with the offline world and having real minds, to share your mind. The exposure of unwanted things on the Internet affects a child's growth mentally and physically.

No harm can be caused by anything if you do not get indulged into it blindly. Wiseness lies where you take the positive and helpful aspects of anything and leave the negative and unnecessary attachment to that. One should be careful and should not get involved completely into something. Hence, being aware of the pros and cons and having self-control could save you from many disasters, which is really necessary.