

- B** Complete using the correct form of the words and phrases in the box.

beat • challenge • have fun • interest • organise • score • train

### Start your *own* sports club!

Do you dream of (1) ..... the winning goal in a football match, or (2) ..... a top tennis player? Sport (3) ..... most young people, and it's a great way to stay healthy and (4) ..... at the same time. That's why the local council has decided to help young people who want to (5) ..... their own sports club. We know it's a big (6) ....., and that's why we'll give you the money you need to get started. We'll help you find a place to (7) ..... and give you money to find good players in your area. Contact the Town Hall for details.

- D** Choose the correct answer.

- 1 You should take ..... a sport and then you would get more exercise.  
A off                      B up                      C down
- 2 I'm trying to work! Could you please turn your music ..... ?  
A down                      B in                      C out
- 3 Just ask and I'm sure the other children will let you join .....  
A out                      B up                      C in
- 4 The referee sent David ..... for arguing with him.  
A off                      B down                      C up
- 5 This is my favourite song! Turn it ..... !  
A off                      B out                      C up
- 6 A mobile phone rang, but the musician just carried ..... playing.  
A on                      B up                      C in
- 7 We can't afford to eat ..... very often.  
A off                      B up                      C out
- 8 I've decided to become a vegetarian and give ..... meat.  
A up                      B off                      C out