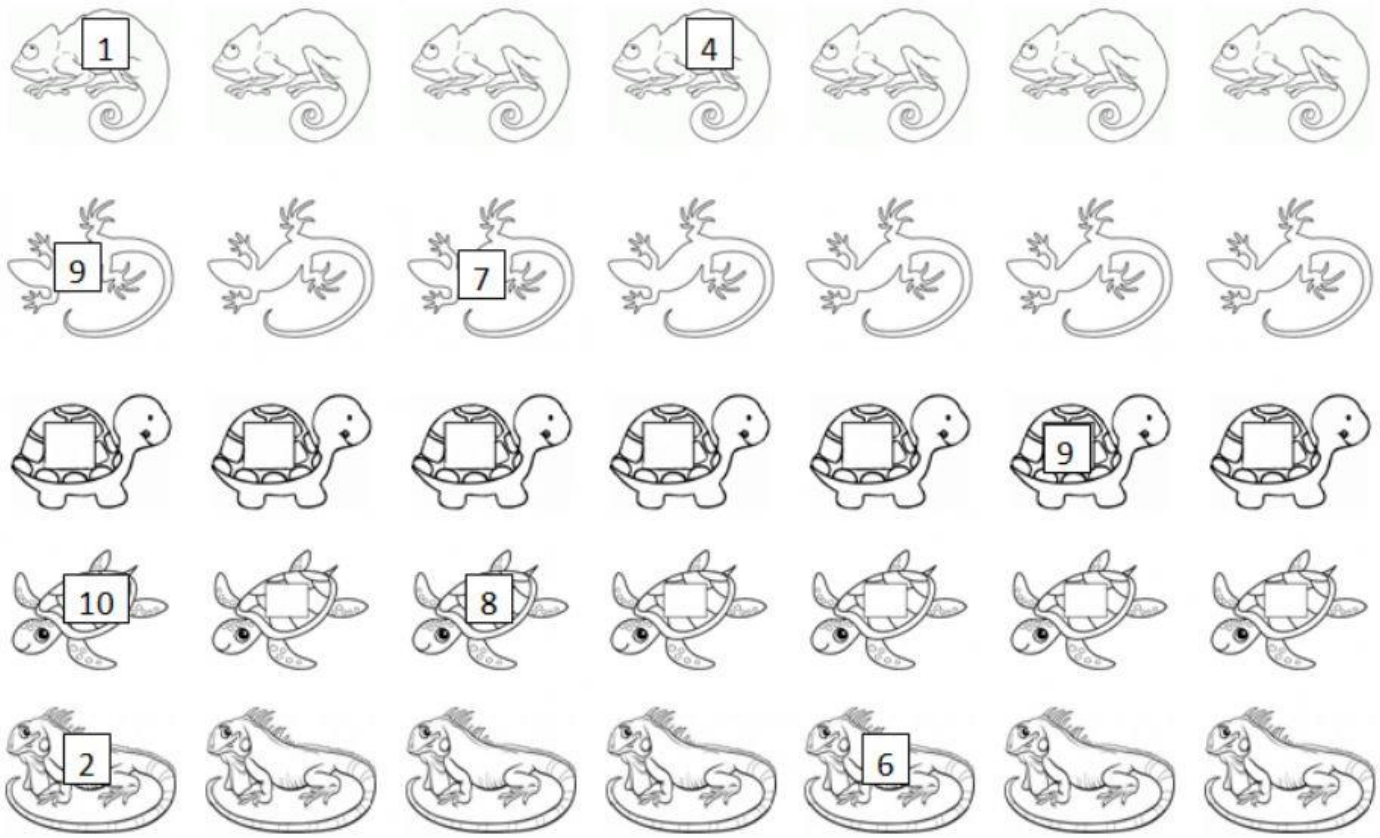Completar las series ascendentes y descendentes