

HYBRID SPORTS

Do you want to do or watch something different in your free time? 17-year-old Jane Harrison tells us about hybrid sports.

REPORTER Jane, first of all, what's a hybrid sport?

JANE A hybrid sport is the combination of two or more sports. Bossaball, chessboxing and artistic swimming are all hybrid sports.

REPORTER So, tell us about them. What is Bossaball?

JANE Bossaball mixes volleyball, football and dancing. The term bossaball comes from the Brazilian music style 'bossa nova' and volleyball.

REPORTER Does this sport really exist?

JANE Yes, it does! You play on an inflatable court and you can touch the ball with any part of your body.

REPORTER Sounds fun. And what's chessboxing?

JANE Well, in this sport, competitors play a 24-minute game of chess and stop five times during the game to fight each other.



REPORTER That's challenging! And artistic swimming?

JANE This is probably the most famous hybrid sport because it is an Olympic sport. Competitors perform gymnastics and dance to music while they swim.

REPORTER Do you practise any hybrid sports?

JANE I love playing volleyball and listening to music, so Bossaball is an ideal sport for me. I enjoy playing it with my friends.

REPORTER Do you want to try chessboxing?

JANE I don't mind playing chess but I hate boxing! Chessboxing is very useful because it trains both the brain and the body. A lot of girls practise it, especially in India, but definitely it's not for me.

REPORTER And how about artistic swimming?

JANE Well, I enjoy swimming, so I can try it one day. In fact, I like watching artistic swimming at Olympic events.



1) Read and answer the questions:

- What is a hybrid sport?
- What hybrid sports does Jane talk about?
- What hybrid sport does she do?
- What hybrid sport does she want to try?

2) Read and complete the sentences:

- Bossaball is the combination of _____, _____ and _____.
- Chessboxing is the combination of _____ and _____.
- Artistic swimming is the combination of _____, _____ and _____.
- Jane doesn't want to try chessboxing because _____.
- She wants to try artistic swimming because _____.

Expressing likes and dislikes

3) Complete the sentences with the correct verb: **love, enjoy, hate, like, don't like, don't mind.**

 I _____ / _____ swimming.

 I _____ running.

 I _____ painting

 I _____ dancing.

 I _____ singing.

REMEMBER

To express likes, hobbies and dislikes you use the verb with **ING**.

4) Choose the correct option to complete the dialogue.

Ann: What do you like ¹ **do / doing** on Saturdays, Lara?

Lara: I ² **love / don't mind** cycling. It's fun!

Ann: I ³ **hate / like** cycling too but I haven't got a bike. How about taking dance classes?

Lara: Sounds great. I really enjoy ⁴ **dance / dancing**, there is a hip hop class at the sports centre at 8 o'clock.

Ann: at 8 o'clock? I ⁵ **don't mind / don't like** going to the sports centre on Saturdays but I ⁶ **love / hate** getting up early.

Lara: Well, there's a class at 11 o'clock.

Ann: That's perfect!

VOCABULARY

5) Classify the words in the box in the following categories.

run	bike	cycling	running	swim	dance
swimming	pool	ball	skiing	net	ring
trainers	racket	train	bat	T-shirt	climb
court	helmet	pitch	pass	gloves	dancing
	skis	shorts	score		swimsuit

Name of a sport	Actions	Equipment to practice a sport	Place to practice a sport	Objects to play a sport

6) Complete the sentences with words from exercise 5.

- I really like cycling but my ⁽¹⁾ _____ is very old.
- I enjoy swimming, in summer I go to the beach but in winter I go to the ⁽²⁾ _____ in the sports centre.
- My sister loves Bariloche because she likes ⁽³⁾ _____ in the snowy mountains.
- My dad gave me a ⁽⁴⁾ _____ for my birthday so I started tennis lessons.
- I love running, I have my new ⁽⁵⁾ _____ and a new pair of ⁽⁶⁾ _____ for the next marathon.
- When I play football I ⁽⁷⁾ _____ the ball very quickly and I usually ⁽⁸⁾ _____ goals.