

Review 4

TASK 1 Read the text below and decide which answers A, B, C or D best fits each gap.

Sleep study

A new study shows that a lack of sleep can make vaccines less 1 _____. The study was conducted on 125 participants in which researchers 2 _____ their sleep patterns after being given the vaccine used for 3 _____ off hepatitis B. The 4 _____ was administered according to a 5 _____ set procedures. The first and second doses were given one month apart from each other, and the final one was given after six months. At that point, the participants were tested for proteins in their bodies that normally 6 _____ to the presence of hepatitis B. Surprisingly, there were 7 _____ differences between the two groups: the participants who slept less than 6.5 hours per night on average had a significantly lower amount of these proteins than people who slept more than 7 hours per night. The group lacking in sleep were more than 11 times as likely to 8 _____ down with hepatitis B. Research has already proven that a lack of sleep can 9 _____ people's ability to ward off colds, the 10 _____ and other types of illnesses. This specific study shows that a lack of sleep may affect the body's immune system, which naturally helps the body to 11 _____ from illnesses. It seems that sleep may have its own 12 _____ properties.

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|-----------------|--------------|-------------|-------------|
| 1. A valuable | B successful | C effective | D qualified |
| 2. A practised | B prescribed | C consulted | D monitored |
| 3. A fighting | B passing | C picking | D throwing |
| 4. A function | B property | C discovery | D treatment |
| 5. A contended | B wholesome | C physical | D precise |
| 6. A consult | B respond | C relieve | D sprain |
| 7. A vivid | B vast | C oblivious | D scatty |
| 8. A arrive | B get | C come | D go |
| 9. A harm | B wound | C injure | D heal |
| 10. A disease | B flu | C sickness | D condition |
| 11. A suffer | B provide | C recover | D result |
| 12. A medicinal | B medical | C medicated | D medicine |

TASK 2 Read the text below. Use the word given in capitals to form a word that fits in the gap in the sentence.

The hypothalamus

The hypothalamus is a part of the brain that controls _____ (BODY) functions such as hunger, sleep, and body temperature. It tells us when there is an _____ (BALANCE) in our bodies, for instance, it indicates that we're becoming _____ (HYDRATE) by making us feel _____ (THIRST) when we don't drink enough water. It is located in

the centre of our brains and is about the size of an almond. The hypothalamus works with the body's nervous system and _____ (INSIDE) organs to interpret signals that come from all areas of the body. It has a way of telling us when we're _____ (NOURISH) that we need to change our diets. The hypothalamus also controls behavioural responses to emotions. It explains why, for example, an actor who has stage _____ (FRIGHTEN) can't go out on stage, or why when we see sad films that pull on our _____ (HEART), we tend to cry. Poor nutrition can cause the hypothalamus to suffer from _____ (ORDER) and if left unchecked, these problems can lead to changes in weight, fatigue, _____ (HEAD), and hair loss.

TASK 3 Think of one word only which can be used appropriately in all three sentences.

The play is considered a tragedy, but there's some humour _____ in for laughs.
I'm sorry I left you waiting at the theatre – I must have gotten the dates _____ up.
I'm not sure if I liked the play or not, so I'm having _____ feelings about it.

You're promising to buy the tickets, but _____ is cheap – I want to see the tickets first.
Although her mother tried to _____ her out of it, Sheila moved to London to act in the theatre.
You're an actor in film and I'm an actor on stage – I'm afraid we don't _____ the same language.

His brother was working in film, so Jed decided to follow his _____ and work in film also.
If you think you can do your job better than me, then by all means – _____ the way!
Jeffrey won't be playing the male _____ in the film; they chose another actor.

The play will be shut down until further _____.
The director failed to take _____ of the extra set pieces on stage.
If the star of the play doesn't show, let me know and I'll be there at a moment's _____.

You need to grow up and become serious about your future. Don't _____ the fool.
I'm not sure what we should do tonight – let's just _____ it by ear.
Whether I'm at work or at _____, I try to enjoy myself.

TASK 4 Complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between three and six words, including the word given.

Joseph has been acting since he graduated from drama school.
PROFESSION
Joseph has been _____ since graduating from drama school.

Don't believe her story – not a word of it is true.
ACT
Don't believe what she's telling you – she _____.

Michael continued to talk like a pirate backstage even though his role had finished.
CHARACTER
Even though his role had finished, Michael _____ backstage.

Helen let nothing stand in her way of becoming a film star.

OBSTACLES

Helen _____ in order to become a film star.

She changed her mind and decided not to attend the play.

HEART

She decided not to attend the play because she _____.

He wasn't sure the audience at the back could hear, so he yelled loudly.

LUNGS

He shouted _____ so the audience at the back could hear.

The two stars of the film hate each other and argue all the time.

THROATS

The two stars of the film don't get on and are _____.

You may not like what I have to say, but you don't have to yell at me.

BITE

You don't have to _____ if you don't like what I'm saying.