

Name: \_\_\_\_\_

Drag and drop the correct answers to complete the instructions to make grilled chicken salad wrap. (You can refer textbook page 66)

2 tablespoons of olive oil

whole grain wrap

pepper

asparagus

onion

low-fat mayonnaise

**Instructions** (grilled chicken salad wrap):

1. Heat \_\_\_\_\_ on a non-stick pan.
2. Sauté the \_\_\_\_\_.
3. Add chicken once the onion is soft.
4. Add ground pepper and \_\_\_\_\_.
5. Mix well and transfer the \_\_\_\_\_ chicken to a plate.
6. Steam or blanch the \_\_\_\_\_.
7. Take a piece of \_\_\_\_\_.
8. Place the lettuce, vegetable mix and chicken in the middle of the wrap.
9. Fold and roll the wrap.
10. Serve with sauce.