

## Questions 1–5

Complete the summary using the list of words and phrases, A–J, below.

### Treating a phobia using VRET

Sara Considine's programme of treatments lasted for 1 ..... months. At first, the sessions did not move very 2 ..... , as she just 3 ..... the virtual spider through her headset. It only took two sessions for her to stop being 4 ..... the spiders in her dreams. After a while, she could hold the virtual spider in her virtual hand, and the next stage involved making physical 5 ..... with a toy spider.

A afraid of	F quickly
B amused by	G slowly
C contact	H touch
D held	I three
E observed	J twelve