

Name_____

Date_____

Part of having a healthy mindset is have friends who support you and care about you. Tell me about one of your really good friends answering the questions below.

- 1. Tell me your friends name and how you met him or her**
- 2. Tell me what you like about your friend.**
- 3. Tell me how your friend makes you feel.**
- 4. Tell me some of the nice things your friend does for you.**