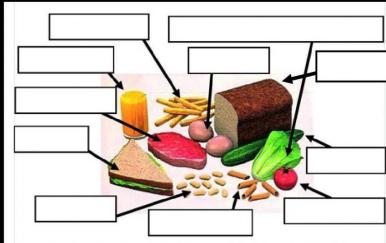


SONG • Delicious

I can understand a song about food and health.

Look at the picture. What different types of food you can see? Choose the correct words for the food.

pasta, juice, sandwich, meat, chips, beans, salad
vegetables, tomato, cucumber, bread



2 3.35 Listen to the song. Put the verses in the correct order.

song

Delicious

a I like cooking lunch, But I'm sometimes very busy. I usually eat out. I can make something tasty.

b Do you prefer sitting on the sofa and playing video games? I'm not really a morning person. And I hope you like the same.

Mmm delicious – what's your favourite? Mmm delicious – what's your favourite? Tell me what you want to eat! Tell me what you really like. And you can have lunch with me.

c First, I have some eggs. I eat some every day. Then I have some fruit later. And after that I sleep.

d We can go to a restaurant And choose a healthy snack. I can eat a salad or some pasta. And then we can walk back.

e I'm usually fit and healthy: I eat lots of fruit and vegetables. Then I enjoy my breakfast – That's when it's hot.

f I have eating pasta, beans, and vegetables. What are the things? You usually eat?

Mmm delicious – what's your favourite? Mmm delicious – what's your favourite? Tell me what you really like. Tell me what you want to eat! You can have dinner with me.

3 3.35 Listen to the song again. Which foods in exercise 1 are mentioned in the song?

| | |
|------------|---------------|
| eggs | meat |
| tomato | nasi lemak |
| juice | fried chicken |
| cucumber | sandwich |
| pasta | chicken rice |
| bread | snack |
| roti canai | coconut |
| salad | watermelon |

4

Are the sentences about the singer *true* or *false*?
Correct the *false* sentences.

- 1 She's normally lazy and unhealthy.
- 2 She eats eggs every day.
- 3 She can cook.
- 4 She eats a lot of meat.
- 5 She doesn't like running and swimming.

5 Choose the correct words in the box for sentences 1–6.

tasty snack breakfast healthy
pasta juice

- 1 You drink this. It's fruity.
- 2 A kind of food, for example, spaghetti and lasagne
- 3 The first meal of the day
- 4 A word that means the same as *delicious*
- 5 Something small to eat between meals
- 6 Food that is good for you is



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USE IT! Work in pairs. Ask and answer the questions. Please access Google Form questionnaire at bit.ly/makansatay

- 1 Which meal do you prefer: breakfast, lunch or dinner? Why?
- 2 Do you prefer eating healthy or unhealthy food? Why?
- 3 What snacks do you usually eat?
- 4 What food is popular in your country?