

MOOD FOOD

1. VOCABULARY

Listen to these common adjectives to describe food. Do you know what they mean? Then say one kind of food that we often use with these adjectives.

fresh frozen low-fat raw spicy takeaway tinned

2 PRONUNCIATION short and long vowel sounds

- a Look at the eight sound pictures. What are the words and sounds? What part of the symbol tells you that a sound is long?

1 	squid chicken spicy grilled	5 	sausages roast chocolate box
2 	beef steamed beans breakfast	6 	raw fork boiled salt
3 	prawns salmon lamb cabbage	7 	cook sugar mushrooms food
4 	margarine carton jar warm	8 	cucumber beetroot fruit duck

3. LISTENING AND SPEAKING

Listen to five people talking. Each is answering one of the five questions below. Match the speaker with the question.

FOOD & EATING

- 1 Is there any food or drink that you couldn't live without? How often do you eat / drink it?
- 2 Do you ever have
 - a ready-made food?
 - b takeaway food? What kind?
- 3 What's your favourite
 - a fruit?
 - b vegetable?Are there any that you really don't like?
- 4 When you eat out do you normally order meat, fish, or vegetarian?
- 5 What food do you usually eat
 - a when you're feeling a bit down?
 - b before doing sport or exercise?
 - c before you have an exam or some important work to do?

Speaker A

Speaker B

Speaker C

Speaker D

Speaker E

Complete the sentences:

Speaker A usually has _____ as a starter and _____ for the main course.

Speaker B quite often has _____ vegetable-soup and has a couple of _____ for emergencies.

Speaker C has eggs for breakfast at least _____.

If Speaker D is feeling down, he has _____. He thinks that _____ keep him awake and give him energy.

Speaker E can't stand the smell of _____.