NAME:

PAST SIMPLE AND PAST CONTINUOUS

1. Look at the table. Complete the rules with ***when*** and ***while***.

past continuous and past simple
I was sitting on my bed ***when*** I heard a noise. I heard a noise ***while*** I was sitting on my bed.

a) We usually use the past simple after _____.

b) We usually use the past continuous after _____.

2. Make sentences about Jay's family using the past simple and past continuous.
His mum / cook / when / she / hear a shout.
*His mum **was cooking** when she **heard** a shout.*

a. His brother / eat / when / the lights / go out.

_____.

b. His dad / walk down the street / when / the ground / move.

_____.

c. Jay's sister / talk to her friends / when / somebody / shout 'Earthquake!"

_____.

d. His grandparents / watch TV / when / everything / fall off the shelves.

_____.

3. Complete the email with the correct form of the verbs in brackets.

Hi Ingrid!

We're having lots of adventures on our holiday. While we _____ (stay) at a campsite near a river, we _____(have) a terrible experience. There _____ (be) a flood while we _____ (sleep). When we _____ (wake up), we _____ (be) wet.

Hope you're having a good summer!

Jack

LIVEWORKSHEETS

4. Read the text and choose the correct words.

Dinosaurs _____ on Earth when they suddenly _____.

Many scientists believe that a natural disaster killed them. How many years ago did it happen?

a) 5 million b) 15 million c) 65 million

In the year 79 AD, there was a terrible volcanic eruption near an Italian city. Many people were trying to escape _____ they died. Where was it?

a) Rome b) Pompeii c) Venice

In September of this year, London _____ burning! The fire started by accident and it _____ destroyed large areas of the city. What was the year?

a) 1444 b) 1555 c) 1666

On 1st November 1755, a terrible disaster destroyed the beautiful city of Lisbon in Portugal. However, the people were _____ their city and made it beautiful again. What was the disaster?

a) an earthquake b) a tornado c) a flood

On 15th April 1912, a ship was crossing the Atlantic Ocean to the USA when it _____ hit an iceberg. The ship sank. What was the ship's name?

a) The Golden Hind b) The Titanic c) The Santa Maria

5. Listen and check your answers.

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