

READING: LARK or OWL?

Name:

READING

1.

Lark Or Owl?



Are you energetic? Always active?
OR
Are you passive? Always tired?

- 1 Today's interview: Stephen Howard, an exchange student from New Zealand. He is in year 1 in our school.
- 4 Q: Hi, Stephen. Just to start. Where are you from?
 S: I'm from Christchurch, a big city on the east of the South Island.
 Q: OK... Are you a lark or an owl?
 S: Ha ha! I don't know... Let's see...
- 9 Q: Do you like sports?
 S: Yes! Here in Argentina, I'm a football fan. I always watch the matches on TV. And, I sometimes watch rugby too.



Q: Have you got a computer? **13**
 S: Oh yes! It's one of my favourite things! I sometimes go online to do my homework, and I always download music and chat with my friends. And I upload photos on Instagram!

Q: Do you practise any sports? **20**
 S: At school. We have PE lessons twice a week. We play volleyball and basketball. But I don't like it very much. I never play volleyball or basketball out of school.

Q: Do you jog or walk? **25**
 S: I always walk to school. When I am at home, I always listen to music on my iPod. I sometimes read. I like sports magazines and sci-fi stories. And, sometimes I watch comedies on TV.

Q: Do you go to the park at the weekends? **30**
 S: Yes, I love picnics under the trees! I take some sandwiches, fizzy drinks, crisps and some sweet too.

Q: Thanks, Stephen. Now we have some idea about **34** what you do in your free time. This is our tenth interview. Six out of ten students are owls.

They don't practise sports or exercise. Be careful!
 Teens need physical activity!
 Options? Martial arts, walking, cycling... There are many. You choose!



2. Answer:

What type of text is it?

What is the text about?

What is the meaning of lark?

And of owl?

Why do you think the title refers to?

How many students are owls?

Do teens need physical activity?

part 2

What's the boy's name?

Where is he from?

Where is he now?

Does he like sports?

What does he do with his computer?

Does he play any sports?

What sports does he play?

Does he study at the weekends?

What does he do?

part 3

Choose 4 sentences of his routine and write them in their negative form:

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Make those 4 sentences interrogative and answer them:

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