

For questions 1-12, read the text below and decide which answer best fits each gap.

The magic of sleep

A study which looked at school start times has shown that a later start can (1) ____ in improved attention and mood of students.

Over 200 students aged between 14 and 18 took (2) ____ in the study at a school in Rhode Island, USA. Rather than beginning classes at 8 a.m., they (3) ____ the start of the school day by half an hour (i.e. until 8.30 a.m.).

The students all (4) ____ in a questionnaire both before and after the study. The number of them who (5) ____ to sleep for more than eight hours per night rose from 16.4% to 54.7% during the study. The researchers who (6) ____ out the study claimed that students needed to (7) ____ around nine hours a night sleeping. This amount of sleep (8) ____ them to function properly during the day and, in particular, to (9) ____ on their lessons.

What else did the researchers find out? The percentage of students who said they were unhappy dropped from 65.8% to 45.1%. They also felt more positive about school and, because of this, they (10) ____ more of their lessons and they (11) ____ more progress.

The students and teachers were so pleased with the effect that they voted to (12) ____ to start at 8:30 a.m. the following term.

1	A develop	B lead	C result	D follow
2	A place	B position	C piece	D part
3	A postponed	B stopped	C put	D cancelled
4	A completed	B finished	C answered	D filled
5	A succeeded	B managed	C achieved	D arrived
6	A set	B carried	C dealt	D based
7	A take	B pass	C spend	D last
8	A enabled	B let	C ensured	D meant
9	A think	B consider	C remember	D concentrate
10	A attended	B appeared	C associated	D accompanied
11	A took	B did	C made	D went
12	A repeat	B continue	C remain	D extend