

Uzupełnij mail słowami z ramki



DELICIOUS

RESTAURANTS

VEGETABLES

LIFESTYLE

HEALTH

RIDE

EVERY DAY

WEEKENDS

DRINK

Hi Chris,

I'm writing to you because I'm worrying about your unhealthy I have noticed that you have bad habits. You don't do any exercises and you often eat in fast food If you keep doing this, you will have enormous problems. Let me tell you about my healthy lifestyle. I go jogging with my sister in the morning and I do various exercises before bedtime. At the, I usually go swimming in the pool or play tennis with my dad. I also try to a bicycle as often as I can.. You also need to eat healthy food. Do not eat junk food. You should eat more and fruit, they are and good for our body. a lot of water and take up a sport . How about playing tennis together? What do you say to that?

I hope to here from you soon.

XYZ