

# LIFE STORIES

*Read and complete the following activity.*

Name: \_\_\_\_\_

**Instructions:** Read and answer the corresponding questions.

## **If I Had My Life to Live Over Again**

If I had to live my life all over again, I'd dare make more mistakes next time. I would relax. I would limber up. I would be sillier than I have been this trip. I would take fewer things seriously. I would take more chances.

I would take more trips. I would climb more mountains, swim more rivers. I would eat more ice cream and fewer beans. I would perhaps have more actual troubles, but I would have fewer imaginary ones.

You see — I'm one of those people who live seriously and sanely hour after hour, day after day. Oh, I have my moments. And if I had to do it over again, I'd have more of them. In fact, I'd try to have nothing else, just moments one after another, instead of living so many years ahead of each day.

I've been one of those persons who never goes anywhere without a thermometer, a hot water bottle, a raincoat and a parachute. If I had to do it over again, I would travel lighter than I have. If I had to live my life over, I would start barefoot earlier in the spring and stay that way later in autumn.

I would go to more dances. I would ride more merry-go-rounds. I would pick more daisies.

- Nadine Stair, 85 years old

Source: Mrs. Mindfulness. (2014). If I Had My Life to Live Over Again. Retrieved from: <https://mrsmindfulness.com/if-ihad-my-life-to-live-over-again/>

Why do you think Nadine would dare to make more mistakes next time?

How does she describe herself?

# Read, answer and record.

Think about your life. Look at the following questions, choose 1 and record your answer.

What would you ask if you had 3 wishes?



What would you do if you could go back in any part of history?

What would you do if you could become invisible for a day?

REPEAT



What would you do differently if you could live your life again?

Go to: [vocaroo.com](https://vocaroo.com)  
Record your voice.  
Paste the link here.

Link