

The secret to students success

2) Answer TRUE/ FALSE.

- 1) Being Smart leads to success. _____
- 2) Being talented is the key to success. _____
- 3) Effort is necessary to be successful in life. _____
- 4) The speaker was in the top 10 class. _____
- 5) The speaker was hopeless at Science. _____

3) Answer the questions: Choose the correct one

1. How many sports did he play at high school?
Three four one
2. What does success mean for us when we are Young?
School objects money and a house drinks
3. What do we need to face and overcome during our lives?
A cold problems death
4. Is being Smart the same as being intelligent?
Yes no
5. What is the essential key to be successful?
Happiness food effort

The psychology of self-motivation

4) Order the sentences according to the appearance in the talk. Write numbers please.

Will it work?

It's all in how you see it, it's your paradigm, it's how you communicate to others and how you communicate to yourself.

Now when I think of boundaries, I think of rules, regulations and restrictions.

Can you do it?

There is another word. It's called *empowerment*.

You feel competent at doing worthwhile work.

Now if you want to know if you feel empowered or if your child, your student, your worker feels empowered, ask them three questions.

I know if you're like me, I need supervisors, I need someone holding me accountable to do the right thing.

Is it worth it?

When you believe you have a sense of autonomy, a sense of choice in what you're doing, you'll feel more self motivated.