

## GRAMMAR 2

**too and enough**

<i>too much / too many</i>					<i>enough</i>				
I	eat	<b>too</b>	<b>much</b>	junk food.	I	don't	eat	<b>enough</b>	vegetables.
I	work	<b>too</b>	<b>many</b>	hours.	I		get	<b>enough</b>	exercise.

**1** **Read.** Write *too* or *enough*.

1. Don't stay up \_\_\_\_\_ late!



2. I play soccer every day.



3. I get \_\_\_\_\_ exercise.

4. I drink \_\_\_\_\_ much soda.

**2** **Read and write.** Answer the questions. Check ✓ Yes or No.

	Yes	No
1. Do you eat too much junk food?		
2. Do you get enough sleep at night?		
3. Do you play too many video games?		
4. Do you drink enough water every day?		
5. Do you eat enough fruit every day?		
6. Do you eat enough vegetables every day?		

3 Complete the poster for a healthy life. Write *enough*, *too much*, or *too many*.



Eat \_\_\_\_\_ fresh fruit.

Don't eat \_\_\_\_\_ junk food.

Drink \_\_\_\_\_ water.

Don't drink \_\_\_\_\_ soda.

Don't watch \_\_\_\_\_ TV shows.

Do \_\_\_\_\_ exercise.

4 Write about you. Use *enough*, *too much*, or *too many* in your sentences.

I \_\_\_\_\_ soda.

I \_\_\_\_\_ water.

I \_\_\_\_\_ fruit.

I \_\_\_\_\_ potato chips.

I \_\_\_\_\_ TV.

5 Write. Your friend wants to get fit. Write sentences to help. Use the words in the box.

enough    it's (very) important    too many    too much

It's important to eat enough vegetables.

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