

GRAMMAR 2

too and enough

<i>too much / too many</i>					<i>enough</i>				
I	eat	too	much	junk food.	I	don't	eat	enough	vegetables.
I	work	too	many	hours.	I		get	enough	exercise.

1 Read. Write *too* or *enough*.

- Don't stay up _____ late!
- I play soccer every day.
I get _____ exercise.
- Don't watch _____ much TV!
- I drink _____ much soda.



2 Read and write. Answer the questions. Check ✓ Yes or No.

	Yes	No
1. Do you eat too much junk food?		
2. Do you get enough sleep at night?		
3. Do you play too many video games?		
4. Do you drink enough water every day?		
5. Do you eat enough fruit every day?		
6. Do you eat enough vegetables every day?		

- 3 **Complete the poster for a healthy life.** Write *enough*, *too much*, or *too many*.



Eat _____ fresh fruit.

Don't eat _____ junk food.

Drink _____ water.

Don't drink _____ soda.

Don't watch _____ TV shows.

Do _____ exercise.

- 4 **Write about you.** Use *enough*, *too much*, or *too many* in your sentences.

I _____ soda.

I _____ water.

I _____ fruit.

I _____ potato chips.

I _____ TV.

- 5 **Write.** Your friend wants to get fit. Write sentences to help. Use the words in the box.

enough it's (very) important too many too much

It's important to eat enough vegetables.
