

Zone of Regulations

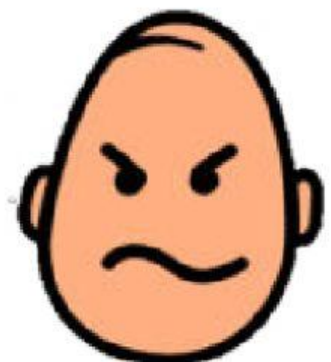
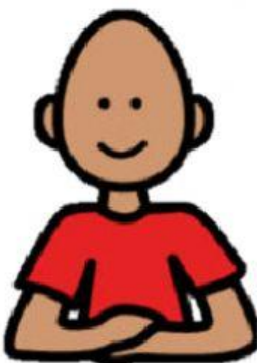
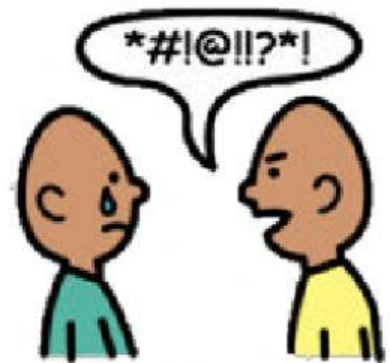
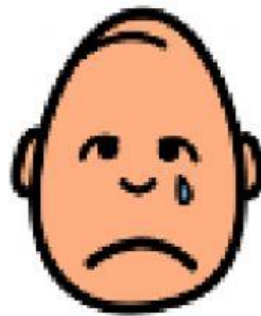


Name: _____

Date: _____

Zones of Regulation

1. **Circle** the correct emotions and feelings in the **RED ZONE**

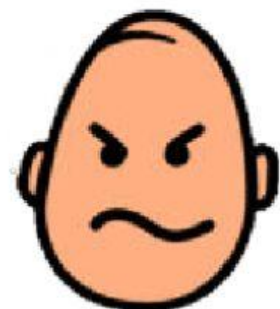
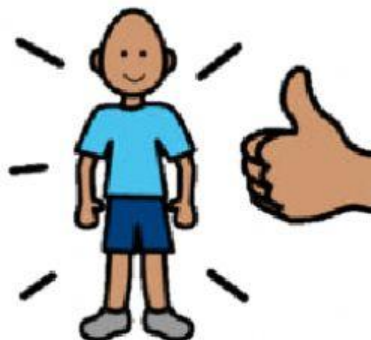
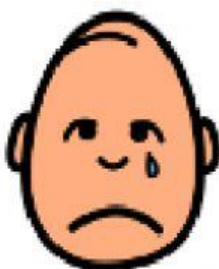
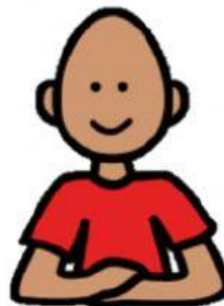
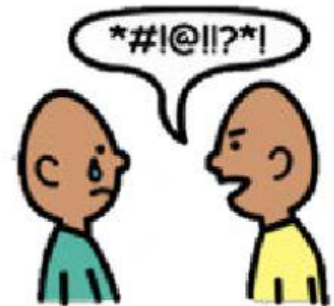


Name: _____

Date: _____

Zones of Regulation

2. **Circle** the correct emotions and feelings in the **GREEN ZONE**

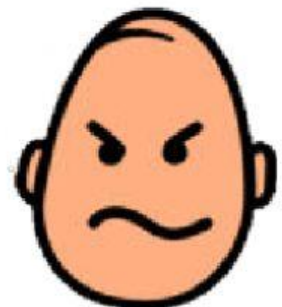
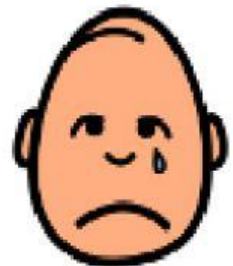
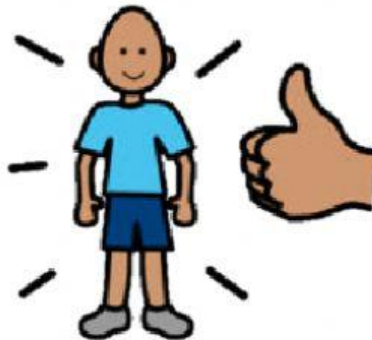
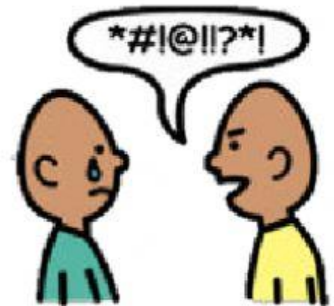


Name: _____

Date: _____

Zones of Regulation

3. Circle the correct emotions and feelings in the **BLUE ZONE**



Name: _____

Date: _____

Zones of Regulation

4. Circle the correct emotions and feelings in the YELLOW ZONE

