

## The Six Food Groups

Match the food to the correct Food Group



**Fruits**



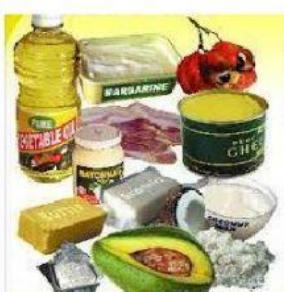
**Legumes**



**Staples**



**Vegetables**



**Food from Animals**



**Fats and Oils**