

## Entry3/Level 1 Literacy Digital Skills Health and Safety Term 2

### PART 3 – Online safety

I know	Date achieved
What an internet crime is and what are some common scams	
How to keep my computer safe and secure	
How to use social media safely	
How to shop online safely	
How to keep your mobile safe and secure	
Where to go for help if you fall a victim of an internet crime	

#### Part 1 - Internet crime

Adapted from: <https://lewisham.gov.uk/myservices/socialcare/adult/safety/online-safety>

The internet can give us a wide range of options and tools to manage our lives and keep in contact with people. However, it can also expose us to abuse and crime. Some fraudsters rely on the internet to commit crimes. The range of internet crime is growing and it is important to protect yourself.

**Task 1 - Match the most common internet scams with the descriptions.**

Choose from the words in the box →

Choose A / B / C / D / E

- A. bank account fraud
- B. government agency scams
- C. identity theft
- D. online shopping fraud
- E. plastic card fraud

DESCRIPTION	SCAM
1. When someone stole or found your card, and used it to purchase goods in your name or withdraw money from your bank account	
2. When someone used your name to open new accounts, get credit or buy services	
3. When fraudsters send out official looking letters or emails to ask for money or personal information. The correspondence gives the impression that they are from a government department and suggest they have some form of authority	
4. When money has been taken from your account	
5. When you bought goods from an online seller and the goods don't arrive or when they arrive, they don't match the original description	

To find out more, or if you have fallen a victim of a fraud or want to report a suspicion of a fraud, go to:

<https://www.actionfraud.police.uk/>

### Task 2 – Answer the questions

1. Have you ever fallen a victim of a scam or fraud?

2. Have you ever been approached by fraudsters?

3. Do you know anybody who has? What happened?

### Task 3 - What should you do when you fall victim to an internet crime?

Write your answer below.

## Part 2 - Tips how to increase your online safety

Read the text below.

It is a good idea to think about safety when using the internet, using some simple techniques can help protect your use of the internet and social media. Below are some tips to stay safer online

### Security

Write notes for yourself : I'm doing this already. I'm going to do this)

#### You should:

- install antivirus to keep the viruses out
- get updates to reduce the ability of hackers and criminals to access to your data
- use complex passwords with no personal connection
- change your password regularly.

#### Social media - You should:

- take your phone number, address and date of birth off social media
- change your passwords if someone could guess them
- check your privacy settings
- be careful what personal pictures you use and share with others
- only accept social networks invites from people you know and trust.

#### Shopping online - You should:

- take care with smaller, unknown retail sites
- make sure there is a secure symbol, usually a padlock, when making a payment
- when viewing a website, look out for poor spelling, grammar or anything unusual. This may mean that this page is a scam.
- check if there is a postal address, by law all traders must provide this
- if possible, use a credit card pay when you buy items costing over £100, as your transaction will be then insured by your credit card company

#### Mobiles and other devices - You should:

- keep your phone well hidden because they are easily stolen
- tag your device and battery with an ultraviolet marker pen with your name and contact it will make recovery more likely if lost or stolen
- use a keypad lock
- use a password or pin
- register your device
- record your serial number which will help you report if your phone is lost or stolen
- insure your phone in the event of theft or damage
- block expensive calls and texts by phoning your provider.

For more information about safety online, go to:

<https://www.getsafeonline.org/>

For advice how to keep your children safe online, go to:

<https://www.internetmatters.org/advice/>

**Task 3 - Read the text again. Answer the questions.**

**1. Were you aware of these ways of increasing your internet safety?**

**2. Did you find out about anything new that you should start doing?**

**3. Make a list of do and don't for yourself.**

DO	DON'T