



Reading Part 5

Cambridge English Preliminary for Schools

Questions 21–26

For each question, choose the correct answer.



Colouring books

Many people probably used to spend time adding colour to pictures in colouring books when they were children. However, once people get older, very few of them continue with the hobby. Instead, they (21) their crayons away in the cupboard forever.

However, psychology researchers now think that even for adults, (22) as little as ten minutes a day colouring pictures in this way can bring huge (23) For example, some people say that it improves their (24) for a while by making them feel more cheerful and generally calmer.

One reason for this may be that other activities (25) with art, such as drawing or painting, can actually be quite stressful, especially if you don't feel very successful at it. But adding colour to a picture that's already drawn for you (26) only a low level of skill, so you can relax rather than becoming anxious about it!

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|----------------|--------------|-------------|------------|
| 21 A leave | B set | C give | D put |
| 22 A taking | B completing | C spending | D filling |
| 23 A benefits | B interests | C favours | D uses |
| 24 A character | B mood | C condition | D mind |
| 25 A connected | B joined | C compared | D attached |
| 26 A depends | B calls | C lacks | D requires |



Reading Part 6

Questions 27–32

For each question, write the correct word.
Write **one** word for each gap.

Hi Karina,

Guess what! I've finally joined the local girls' football team in my town! As you know, it's something I've wanted to do (27) _____ ages, so I'm glad I've finally signed up.



I think my parents were a bit surprised, though, as I'd never really taken very (28) _____ interest in sport, but after watching a women's football match on TV, I just knew it was for me.

I've attended football training every week (29) _____ then, and last Saturday I played in my first match. It was really exciting! And (30) _____ of the best things was that I actually scored a goal! We didn't go on to win the match, but our coach was still really pleased with our performance.

Our next match is on 25th. You're not on holiday with your parents then, (31) _____ you? So why don't you come along and watch? It would (32) _____ great to see you!

Samantha

