

"93 YEARS EDUCATING FROM LIFE TO LIFE"



PERÚ
Ministerio
de Educación

LEARNING EXPERIENCE 3

ACTIVITY 3



APRENDO
en casa

English: Level Pre A1

Let's Reduce Stress

Full Name:

Activity 2: Reduce Stress

LEAD IN: Crossword puzzle

Look at the pictures, **unscramble** the correct action and **complete** the crossword.

ACROSS:



1. I (AWRD)

.....
pictures.



2. I (PHEL)

.....
my grandfather.



3. I (OD)

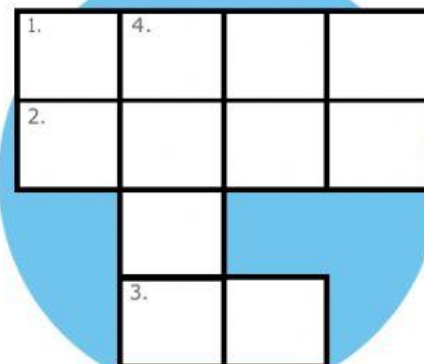
.....
exercises.

DOWN:



4. I (EARD)

.....
books



LET'S LISTEN:

Listen to the conversation.

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LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Listen the conversation and **match** the actions for Hilda and Roberto. Follow the example:

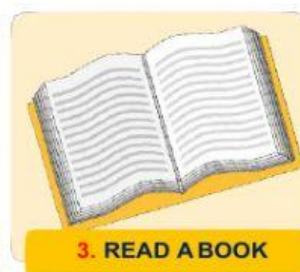
HILDA



1. DO EXERCISES



2. PLAY THE GUITAR



3. READ A BOOK



4. LISTEN TO THE RADIO



5. LISTEN TO MUSIC



6. FEEL STRESSED



ROBERTO

UNDERSTAND-EXERCISE 2

Listen the conversation and **complete** the statements. Follow the example.



HILDA

1. I feel .
2. I the radio.



ROBERTO

Example:

I read books.

1. I do and read .
2. I the guitar and listen to

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