

4 Look at the word in parentheses after each question and answer.

1 Did Michelle eat a healthy breakfast? (no)

2 Did Beth and Roger ride their bikes to school today? (yes)

3 Did your brother get enough sleep last night? (no)

4 Did you take a shower yesterday? (yes)

5 Did you eat a healthy lunch at school today? (no)

5 Choose the correct word to complete the sentences.

1 I usually eat a healthy lunch, _____ I never eat breakfast.

a but b or c and

2 I get lots of exercise every day, _____ I drink lots of water.

a or b and c but

3 I ride my bike to school, _____ go by bus when it's raining.

a but b and c or

4 I get enough sleep, _____ sometimes I don't and I feel very tired.

a but b and c or

5 He watches TV all day, _____ eats unhealthy food.

a but b or c and

6 For a healthy dinner, have a sandwich, _____ make a fruit salad.

a but b or c and

Practice Test | Unit 8

Name _____

1 Complete the sentences with a verb from the box.
You can use some verbs more than once.

drink eat get

- 1 Did you _____ enough sleep last night?
- 2 Did you _____ any exercise last week?
- 3 Did you _____ breakfast this morning?
- 4 Did you _____ lots of water after your exercise?
- 5 Did you _____ a healthy lunch today?

2 Look at the pictures. Write the healthy habit.



1 _____



2 _____



3 _____



4 _____