

**4** Look at the word in parentheses after each question and answer.

1 Did Michelle eat a healthy breakfast? (no)

\_\_\_\_\_.

2 Did Beth and Roger ride their bikes to school today? (yes)

\_\_\_\_\_.

3 Did your brother get enough sleep last night? (no)

\_\_\_\_\_.

4 Did you take a shower yesterday? (yes)

\_\_\_\_\_.

5 Did you eat a healthy lunch at school today? (no)

\_\_\_\_\_.

**5** Choose the correct word to complete the sentences.

1 I usually eat a healthy lunch, \_\_\_\_\_ I never eat breakfast.

**a** but                      **b** or                      **c** and

2 I get lots of exercise every day, \_\_\_\_\_ I drink lots of water.

**a** or                      **b** and                      **c** but

3 I ride my bike to school, \_\_\_\_\_ go by bus when it's raining.

**a** but                      **b** and                      **c** or

4 I get enough sleep, \_\_\_\_\_ sometimes I don't and I feel very tired.

**a** but                      **b** and                      **c** or

5 He watches TV all day, \_\_\_\_\_ eats unhealthy food.

**a** but                      **b** or                      **c** and

6 For a healthy dinner, have a sandwich, \_\_\_\_\_ make a fruit salad.

**a** but                      **b** or                      **c** and

Score: /

Level 3 65

## Practice Test | Unit 8

Name \_\_\_\_\_

- 1 Complete the sentences with a verb from the box.  
You can use some verbs more than once.

drink    eat    get

- 1 Did you \_\_\_\_\_ enough sleep last night?
- 2 Did you \_\_\_\_\_ any exercise last week?
- 3 Did you \_\_\_\_\_ breakfast this morning?
- 4 Did you \_\_\_\_\_ lots of water after your exercise?
- 5 Did you \_\_\_\_\_ a healthy lunch today?

- 2 Look at the pictures. Write the healthy habit.



1 \_\_\_\_\_



2 \_\_\_\_\_



3 \_\_\_\_\_



4 \_\_\_\_\_