



# FEELINGS AND EMOTIONS WORKSHEET

## Intermediate level



I.- Select the best alternative for each question.

1. Which of these emotions could be a synonym of *afraid*?

A.- Upset

B.- Scared

C.- Embarrassed

2. Which of these emotions could be an antonym of *amused*?

A.- Relaxed

B.- Comfortable

C.- Uncomfortable

3. Which of these emotions could be a synonym of *overwhelmed*?

A.- Frustrated

B.- Guilty

C.- Angry

4. Which of these emotions could be an antonym of *proud*?

A.- Sleepy

B.- Dissatisfied

C.- Surprised

II.- Read the sentences and choose the best word of this group to complete each gap.

tired - feeling - birthday - upset - embarrassed  
- excited - guilty - exhausted



1- No! I think she is not really angry with us; she is just \_\_\_\_\_.

2- What I did to my friend was terrible, I feel \_\_\_\_\_ all the time.

3- I fell yesterday, I felt so \_\_\_\_\_. I hate that \_\_\_\_\_.

4- Tomorrow is my best friend's \_\_\_\_\_, I'm so \_\_\_\_\_.

5- Today I fell more than \_\_\_\_\_, I'm actually \_\_\_\_\_.

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III.- Drag and drop the emotions to the correct causes or circumstances of each one of the statements.



When I am \_\_\_\_\_ at nights creating material, I drink a lot of coffee.

Whenever I have a really bad day, I buy a new plant for my house to feel \_\_\_\_\_ again.



Yesterday I got my order from Shein and when I saw the bag I bought, I was \_\_\_\_\_, it was very beautiful, all the products were perfect.

I love dancing when I am \_\_\_\_\_ with all the work, because then when I go to bed, I feel \_\_\_\_\_.



I enjoy a lot walking, playing and petting my dog, he feels always so \_\_\_\_\_ when I arrive home, we never feel \_\_\_\_\_ together.

TIRED

HAPPY

STRESSED

ASTONISHED

RELAXED

EXCITED

BORED

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