SCIENCE WORKSHEET

NAME:

1.- WRITE THE BONES IN THE CORRECT TYPE

STERNUM, VERTEBRAE, CARPALS, PATELLA, RIB, FEMUR, HUMERUS, FIBULA, SCAPULLA, CRANIAL BONES

LONG	
SHORT	
FLAT	
IRREGULAR	
SESAMOID	

2.- MARK WITH AN X THE CORRECT OPTION

A. Most of the bones of the arms and hands are long bones; however , the bones in the wrist are categorized as _____.

a. flat bones
b. short bones
c. sesamoid bones
d. irregular bones

B. Sesamoid bones are found embedded in _____.

a. joints
b. muscles
c. ligaments
d. tendons

C. Bones that surround the spinal cord are classified as _____ bones.

a. irregular
b. sesamoid
c. flat
d. short

LIVEWORKSHEETS

D. Which category of bone is among the most numerous in the skeleton?

a. long bone
b. sesamoid bone
c. short bone
d. flat bone

E. Long bones enable body movement by acting as a _____.

a. counterweight
b. resistive force
c. lever
d. fulcrum

3.- WRITE THE TYPE OF BONE IN THE CORRECT DEFINITION

LONG – SESAMOID – IRREGULAR – FLAT – SHORT

DEFINITION	TYPES OF BONES
thin and curved bone	
bone of complex shape	
cylinder-shaped bone that is longer than it is wide	
small, round bone embedded in a tendon	
cube-shaped bone that is approximately equal in length, width, and thickness	

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