

**UNIT 8****WE3****LESSON C**

Complete each definition below with a word from the chart.

Balance	Commitment	Communication	Leadership
Speed	Stamina	Strength	Teamwork

1. _____ is guiding a group of people or an organization.
2. _____ is having enough energy to move or run for a long time.
3. _____ is having powerful muscles and being physically strong.
4. _____ is how fast something moves, or the ability to move quickly.
5. _____ is not falling over while you are running or jumping.
6. _____ is talking in a way that helps others understand you.
7. _____ is working hard at something in order to be successful.
8. _____ is working with others, including coaches, to be successful.

"And whatsoever ye do, do it heartily, as to the Lord, and not unto men"

Colossians 3: 23