

There was a 0) time in the past when the people of Britain celebrated the end of summer and the beginning of winter on All Hallow's Eve, which is 1) 31st October. In 2) days, they thought that bad things always came with the long dark winter nights, 3) they built fires which they danced around. They also performed rituals to keep 4) evil.

There were many people who believed that there were ghosts everywhere in winter. Villagers, whose beliefs were very simple, thought that if they wore scary costumes and masks 5) they left their homes after dark, the spooks and monsters that roamed around 6) night would not recognise them. They also left bowls of food outside their houses for these invisible ghouls, thinking this would stop 7) from trying to get in.

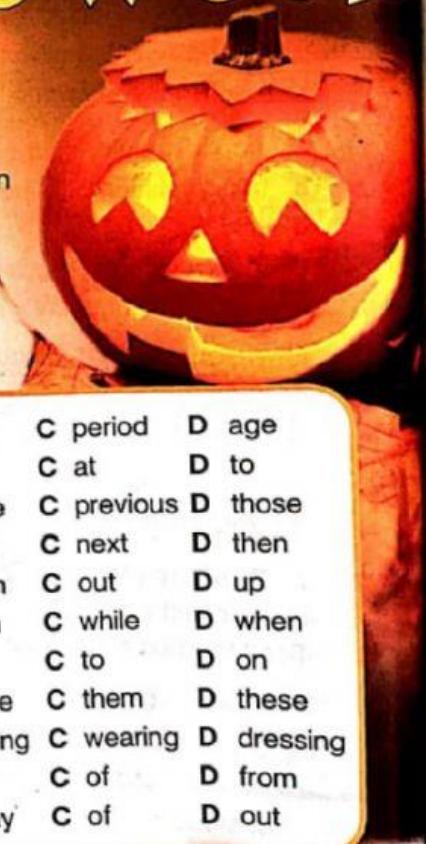
Today, the British continue to celebrate this festival, which is now called Halloween, on 31st October. They do this by 8) up, wearing masks and putting candles inside lanterns made 9) pumpkins. They leave the lanterns outside to frighten 10) witches and ghosts, just as people in the past did, but today it is just for fun.

Circle the correct item.

- She trembled fear as the giant approached her.
A with B of C at
- John over to the side of the road to have a rest.
A handed B came C pulled
- I tune to Radio 2 every morning.
A on B in C up
- We met a girl father was a diver.
A which B that C whose
- teenagers know how to use the Net.
A Each B Every C Most
- Avril is the singer in the world!
A best B better C worse
- Listen to the birds in the trees.
A creaking B howling C singing
- She taught how to use a computer.
A herself B himself C myself
- The broke into applause at the end.
A cast B band C audience
- He me of my uncle.
A looks B reminds C remembers

(10 marks)

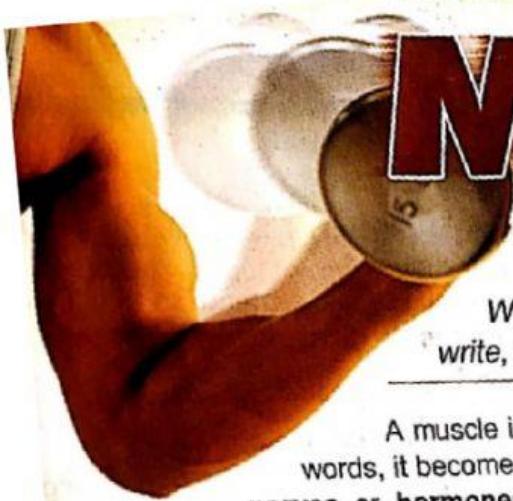
Halloween



0	A years	B time	C period	D age
1	A in	B on	C at	D to
2	A late	B these	C previous	D those
3	A after	B so	C next	D then
4	A back	B down	C out	D up
5	A after	B soon	C while	D when
6	A in	B at	C to	D on
7	A they	B those	C them	D these
8	A covering	B putting	C wearing	D dressing
9	A with	B by	C of	D from
10	A for	B away	C of	D out

Circle the correct item.

- of the suspects admitted to the burglary.
A Either B Any C Neither
- Coral reefs are in due to man's activity.
A risk B jeopardy C shift
- They caught the burglar and placed him arrest.
A before B with C under
- It takes a long time to to a new work environment.
A organise B adapt C succeed
- The mugger was taken to the police station handcuffs.
A in B of C to
- Attackers look for people who are
A common B vulnerable C unharmed
- Don't say that! You might her feelings.
A hurt B ache C harm
- There are a lot of ways to avoid a(n) attack.
A alone B unharmed C potential
- The attacker tried to her car keys.
A grab B remove C harm



MUSCLES

Except for thinking, everything we do depends on our muscles, 1) we realise it or not. Without muscles we 2) be able to sit, move, talk, write, read, breathe or even digest our food.

A muscle is a bundle of elastic tissue which contracts (in 3) words, it becomes shorter and thicker) when it receives a signal from our **nerves or hormones**. There are three kinds of muscle: skeletal muscle, smooth muscle and cardiac muscle.

Skeletal muscles are also called voluntary muscles, because we 4) control their movement when we want to. These muscles vary greatly in size and strength, from the small muscles around our eyes to the large, strong muscles of our thighs. They are attached 5) the bones of our skeleton, and each muscle can move a part of the body in a certain direction. Even quite simple actions, 6) as kicking a ball or smiling, may involve several muscle groups working together.

Smooth muscles are found in most of the body's **internal organs**. For example, smooth muscles in our stomach and **intestine** move food through our digestive system. Tiny muscles in our eyes 7) the pupil bigger or smaller in response to light. All smooth muscles contract and relax automatically, 8) our thinking about it, and so they are called involuntary muscles.

The third group, cardiac muscle, is found only in the walls of the heart. These muscles contract and relax automatically in a powerful, regular rhythm to **pump** blood 9) our body. Our heart beats an average of about 70 times a minute, every 10) minute of our lives, without ever resting.

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1	A unless	B whether	C either	D or
2	A weren't	B couldn't	C wouldn't	D mustn't
3	A other	B new	C different	D or
4	A have	B need	C are	D can
5	A with	B at	C to	D on
6	A like	B so	C same	D such
7	A do	B make	C have	D get
8	A without	B except	C in spite	D beside
9	A across	B between	C around	D over
10	A one	B single	C solitary	D lone

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South Africa

South Africa is one of the most beautiful countries in the world and a favourite destination for many travellers. From Kruger National Park to the Kalahari Desert, South Africa provides a great introduction to Africa, but it has more to offer than stunning landscapes.

If you visit South Africa, make sure you stop off in Cape Town. There is so much to see and do, you'll never get bored. There's always something happening in this exciting city, and it has great shops, too. The more adventurous can take a trip up Table Mountain or take a boat trip to see great white sharks and seals. Cape Town has something for everybody.

South Africa is a place that everyone should visit at least once in their lifetime! Book now for a holiday you will never forget.

- 1 South Africa is not very popular with tourists.
- 2 The Kalahari Desert is in Cape Town.
- 3 There is not much going on in Cape Town.
- 4 You can see some big, scary fish there.
- 5 The author recommends that everyone should go to South Africa.

Exercises from Cambridge English



Cities are GROWING!

More than 50% of people 1) the world live in cities. The 2) of people living in cities is 3) bigger every year. In Europe and the USA, 80% of people live in cities.

People move to cities to:

- 4) a job
- be near doctors and hospitals
- go to school 5) university
- be near shops, cinemas, restaurants and sports facilities

When a lot of people live in cities there are problems:

- People 6) a lot of rubbish.
- Cars and factories pollute the air.
- People build cities on farmland so there is 7) land for growing food.
- People clear wild areas to build cities, so plants and animals 8) their habitats.
- Some people move to cities 9) can't find jobs or a home. Three billion people live in cities, but one billion haven't got a house, 10) water, electricity or a job.

1 A at	B in	C on
2 A number	B rest	C part
3 A making	B getting	C rising
4 A look	B search	C find
5 A or	B but	C else
6 A raise	B do	C create
7 A less	B few	C many
8 A lose	B miss	C spend
9 A also	B and	C but
10 A clean	B public	C local