

Are the statements true or false for you?

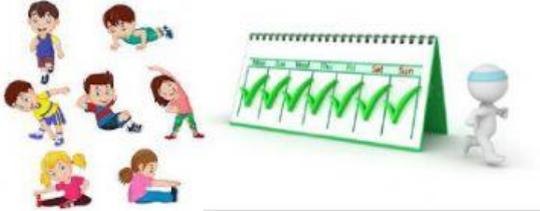
1. I eat lots of fruits and vegetables. (True) (False)



2. I avoid eating junk food. (True) (False)



3. I do physical activity every day. (True) (False)



4. I drink water during the day. (True) (False)



5. I get enough sleep. (True) (False)

