

Reading review

“ The power of your heart “

1. Complete the sentences, use the word bank.

60,000miles *fist* *heart* *blood*
Aerobic exercise *amazing*

1. Your heart is an  organ.
2. Your blood travels about  through your veins every day .
3. Your heart is only about the size of your .
4. The  delivers oxygen to your cells.
5. Your  beats more than 100,000 times a day.
6.  will help make your heart stronger.