

Two young sports stars



Jess Barnes received the Young Sailor of the Year award and she was only 13!

'It's amazing,' says Jess. 'I love sailing. It's my life. I always go sailing at weekends. I'm never bored. I sometimes go sailing in a team but I go sailing alone, too. In the holidays, I usually go to different sailing competitions. Some of these are in other countries. It's difficult to get a place in the competition teams. I need to work hard but I know I can do it! I want to sail and to win.'

.Jess



'I didn't like playing rugby and football. They're boring! I wanted to try a different sport. Cycling is different and no one else at my school does it,' says **James Miller**.

'I really love the sport and it keeps me fit. I often go cycling with my friends. It's good practice for my team competitions. I'm sometimes tired but then I think about the Olympics. I want to go there and win! Remember – you don't find many world champions on the sofa!'

.James

A. Are these sentences true or false?

- | | | |
|---|-------|--------|
| 1. Jess received the Young Sailor of the Year award at the age of fourteen. | True. | False. |
| 2. Jess always goes sailing at weekends. | True | False |
| 3. She is sometimes bored. | True | False |
| 4. Jess always goes sailing in a team. | True | False |
| 5. In the holidays Jess goes to different sailing competitions. | True | False |
| 6. It's easy to get a place in the competition teams. | True | False |
| 7. Jess has to work hard. | True | False |
| 8. James thinks football and rugby are great. | True | False |
| 9. James loves cycling and it keeps him fit. | True | False |
| 10. James often goes cycling with his family. | True | False |
| 11. James is always tired. | True | False |
| 12. James thinks about the Olympics. | True | False |
| 13. A lot of his classmates do cycling. | True | False |

B Match the two pairs.

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|---|---|
| 1. Jess received the Young Sailor Award | 1. in a team |
| 2. I always go sailing | 2. different sailing competitions. |
| 3. I sometimes go sailing | 3. a place in the competition teams. |
| 4. I usually go to | 4. at weekends. |
| 5. It's difficult to get | 5. but then I think about the Olympics. |
| 6. I need to work hard | 6. with my friends. |
| 7. James wanted to try | 7. for my team competitions. |
| 8. I really love the sport | 8. but I know I can do it. |
| 9. I often go cycling | 9. when she was thirteen. |
| 10. It's good practice | 10. a different sport. |
| 11. I'm sometimes tired | 11. and it keeps me fit. |

C. Who says these lines?

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| 1. I'm never bored. | James | Jess |
| 2. It's difficult to get a place in the competition teams. | James | Jess |
| 3. I wanted to try a different sport. | James | Jess |

4.I really love the sport and it keeps me fit.	James	Jess
5.I need to work hard.	James	Jess
6.I'm sometimes tired but then I think about the Olympics.	James	Jess
7.I didn't like playing football and rugby.	James	Jess
8.Some of the competitions are in other countries.	James	Jess