

Meaning of Nepal

1. Can you show the Kathmandu valley in the map of Nepal:



2. Fill in the blanks with correct words.

- a. In olden days, Nepal meant only the _____ valley.
- b. In Limbu language, Nepal means _____.
- c. Hindu believed that _____ drained the water out of the lake.
- d. Kathmandu valley was a _____ in the beginning.

3. Write 'T' for true and 'F' for false:

- a. Nepal is an ancient country. _____
- b. There is no single opinion on how our country got its name. _____
- c. In Tibetan language, 'Ne' means sage. _____
- d. According to Newars, Nepal means a country in the middle. _____

4. Answer these questions:

- a. Among all the myths on naming Nepal, which one do you believe and why?

- b. Who was the first king of unified Nepal?

- c. What does 'Nippa' and 'Alaya' mean?

d. How did monk Manjushree make the valley suitable for settlement?

e. How did Nepal get its name according to Tibetan language?

f. If you were to name your country, what would you name it?