

Intermediate B1 - Test 8

1. VOCABULARY

A. Complete the following sentences with a suitable adjective from the box.

descriptive	depressed	betrayed	grateful	definitive	conscious	complicated
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1. He gave us a very _____ account of his travel adventures.
2. She fainted on hearing the bad news and she only became _____ again after half an hour.
3. Victoria felt _____ when she found out that her husband had lied to her.
4. There was no _____ proof that he had committed the crime and he was set free.
5. Mary has been feeling _____ lately. We should do something to cheer her up.
6. I am _____ to you for helping me finish the report on time.
7. Some theories are quite _____ and need to be explained very carefully.

B. Replace the underlined parts of the sentences using the correct form of the phrasal verbs in the box.

get over	wear out	bring round	come round	wear off	come down with
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1. Julia was exhausted at the end of the marathon race.

2. When my mother became conscious again she couldn't remember what had happened to her.

3. These pills will have no effect in approximately three hours.

4. I don't feel well. I think I have caught the flu or something.

5. It took the doctors five minutes to make the boxer regain consciousness.

6. Sometimes it takes a long time to recover from a common cold.

C. Complete the following sentences with a suitable phrase from the box.

least of all / most of all / last but not least / at most / at least /
make the most of / in the least / to say the least

1. You can go out with your friends for an hour _____. Then you have to come back and finish your homework.
2. Gary is not very popular at school since he is very rude _____.
3. _____, I would like to thank my family for all their support all along the way.
4. Joshua is really adventurous and he is not _____ frightened of extreme sports.
5. The films I like _____ are comedies because they make me laugh.
6. You should _____ your two-week safari trip to Kenya.
7. He is not planning to invite lots of people to his party, _____ Paul, who he has had an argument with lately.
8. You should drink _____ eight glasses of water every day.

D. Match the two halves.

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|----------|--------------------------|------------------|
| 1. go | ☐ | a. on wood |
| 2. knock | ☐ | b. the beans |
| 3. have | ☐ | c. on cloud nine |
| 4. be | ☐ | d. hysterical |
| 5. spill | ☐ | e. by heart |
| 6. learn | ☐ | f. a sweet tooth |

E. Circle the correct answer.

1. He really **hurt** / **harmed** my feelings when he called me a liar.
2. After I had sprained my ankle, I was in a lot of **bruise** / **pain**.
3. This **scratch** / **rash** on his body is because of an allergy he has developed to fruit.
4. He rose to the surface of the water **choking** / **gasping** for air.
5. John was taken to hospital after he was **injured** / **harmed** in a car accident.

2. GRAMMAR

A. Rewrite the following sentences using the 3rd Conditional.

1. Mary didn't wake up early and missed the bus to school.
If Mary _____
2. The weather was bad, so we didn't go fishing.
If the weather _____
3. Thomas studied hard and passed his exams.
Thomas _____
4. She didn't follow my advice and things didn't turn out well.
If she _____

B. Rewrite the following sentences so as to make wishes.

1. I don't have enough money to buy a car.
I wish _____
2. I regret not having accepted the job offer.
If only _____
3. Matilda can't speak French.
If only _____
4. The baby just won't stop crying.
If only _____
5. Britney wasn't careful while driving and had an accident.
If only _____

C. Complete the following sentences using *both, all, neither, none, both... and, neither... nor, either... or*.

1. _____ Angela _____ Rita liked the film they saw. They thought it was boring.
2. _____ of my shirts are clean. They all need washing. What am I going to wear?
3. We can _____ have Chinese _____ Mexican food. Which one do you prefer?
4. _____ of my classmates failed the Maths exam, except me. I was really proud of myself.
5. _____ my parents are strict and won't let me go out on a school night.
6. _____ Jessica _____ Ron have a good sense of humour; that's why they have so many friends.
7. _____ of them is English. Jose is Spanish and Antonio is Italian.

3. LISTENING

Listen to a radio interview and decide if the statements are True or False.

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| 1. Jackie's research showed that teenagers are not concerned about global issues. | ☐ |
| 2. Jackie's organisation lets young people know about volunteering opportunities. | ☐ |
| 3. You can call Jackie's organisation at the weekend. | ☐ |
| 4. A study showed that young men and women are passionate about the same things. | ☐ |
| 5. Jackie's organisation gives money to young people to make their community better. | ☐ |

4. READING

Read the text below about unusual fears and phobias. For questions 1-10 choose from the people A-D.

A. Sheila

When she saw these objects on the floor, she felt sick. If they were attached to a piece of clothing, she found it difficult to be in the same room. What was Sheila so afraid of? Buttons. The sight of a button on the floor used to send Sheila into a terrible panic; her palms would start sweating, her heart would race and she would have difficulty breathing. Sheila's friends and colleagues usually burst out laughing when she told them about her phobia and she often felt very embarrassed about it. When it started to control her life, she knew she had to do something. Sheila took part in a psychology project which aimed at helping people to get over their fears. As part of her treatment, Sheila had to face her fear and stay in a room alone with lots of buttons scattered all over the floor. Before facing her fear, she had several sessions with a psychologist and after three weeks she was able to overcome her fear. Now, when Sheila sees a button she just laughs at herself.



B. Brian

When Brian thinks about fish, he feels sick. If he smells or much worse sees a fish, he is overcome with a feeling of intense disgust. He can't be in the house if any of his family members eat fish and has to wait several hours for the smell to disappear. If he eats out at a restaurant and someone is eating fish, he has to leave immediately. One day when Brian saw one of his co-workers eating a tuna sandwich, he became terrified and started feeling very ill. He had to go home and was unable to go back to work for two weeks. Brian sought the help of a counsellor who recommended some relaxation therapy. By talking about his fear and performing some deep breathing and muscular relaxation exercises, Brian is now able to face his worst enemy. Although he still refuses to eat fish, now he can go with his family to the seaside and enjoy an evening eating out.



C. Sarah

A childhood event triggered Sarah's fear. One day, when she was eight years old, an enormous cockroach got caught in her hair. Sarah panicked and screamed but it was very difficult for her parents to help her remove the insect. As a result of this experience, Sarah became terrified of insects, in particular, cockroaches. She refused to travel abroad and lived in constant fear of finding a cockroach in her home. When Sarah had to give up a job offer, she decided it was time to take control of her life. She had a combination of hypnotherapy and psychotherapy, which over a period of six months helped her to come face-to-face with a giant cockroach without running for her life. Sarah is delighted that she has been able to get over her fear and now she is able to do her dream job abroad.



D. Jack

As a young child, Jack had a fear of lemons. When he was just a toddler, he started screaming and ran for cover if he even saw a picture of a lemon. Jack's fear caused many embarrassing situations for him and his family. The worst incident happened when they travelled to Greece for a family holiday. The family had just been swimming and were settling down to a delicious lunch of fish and chips; however, when Jack spotted a slice of lemon next to his chips, he became hysterical. In his panic, Jack knocked over a tray that a nearby waiter was holding. Jack's parents were so embarrassed that they never went back to the restaurant during their holiday. As Jack grew older and he realised that lemons could not harm him, his fear of them decreased until eventually it disappeared completely. Now Jack is an adult and he has little memory of his childhood fear that caused so much havoc.



Which person or person's

1. had to stay away from work because of their fear?
2. friends found his/her fear amusing?
3. never had any therapy at all?
4. was unable to leave their country because of a fear?
5. caused a scene at a restaurant?
6. used relaxation therapy to get over their fear?
7. fear was caused by a childhood incident?
8. could not accept a job because of his/her fear?
9. was very embarrassed by their fear?
10. does not remember his/her fear?

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5. WRITING

Read the letter below and write back to Melanie giving advice.

Dear Julia,

I have a problem and I need your advice. I'm the captain of the netball team at school and I'm having trouble with one of the players. She keeps missing training and when she does turn up, she usually turns up half an hour late.

I've tried talking to her about it but she just gets angry when I say anything to her. I don't understand why she's behaving like this because she used to be one of the best players in the team. A few months ago she would never miss training sessions and her performance during matches was always excellent.

I think there is something going on in her personal life that is causing this. I just don't know what to do because I've already tried talking to her. I feel it's my responsibility as team captain to sort this out. I really don't want to kick her off the team but if the situation gets any worse, I might have to.

What do you think I should do? I would really appreciate it if you could give me some advice.

Best wishes,

Melanie