

1. Match each human body system with its corresponding organs.

The Circulatory System \_\_\_\_\_

The Respiratory System \_\_\_\_\_

The Digestive System \_\_\_\_\_

The Skeletal System \_\_\_\_\_

The Muscular System \_\_\_\_\_

The Nervous System \_\_\_\_\_

- a. The brain, spinal cord and nerves
- b. The mouth, salivary glands, esophagus, stomach, liver, intestines
- c. The muscles in the body
- d. The heart, blood and blood vessels
- e. The bones in the body
- f. Mouth, pharynx, lungs, bronchi

2. Read the question and state the human body system that does the job indicated.

What body system:

-helps humans turn their food into energy? \_\_\_\_\_

-helps humans breath? \_\_\_\_\_

-controls other body systems? \_\_\_\_\_

-provides structure for the body? \_\_\_\_\_

3. How does your heart rate change during exercise?

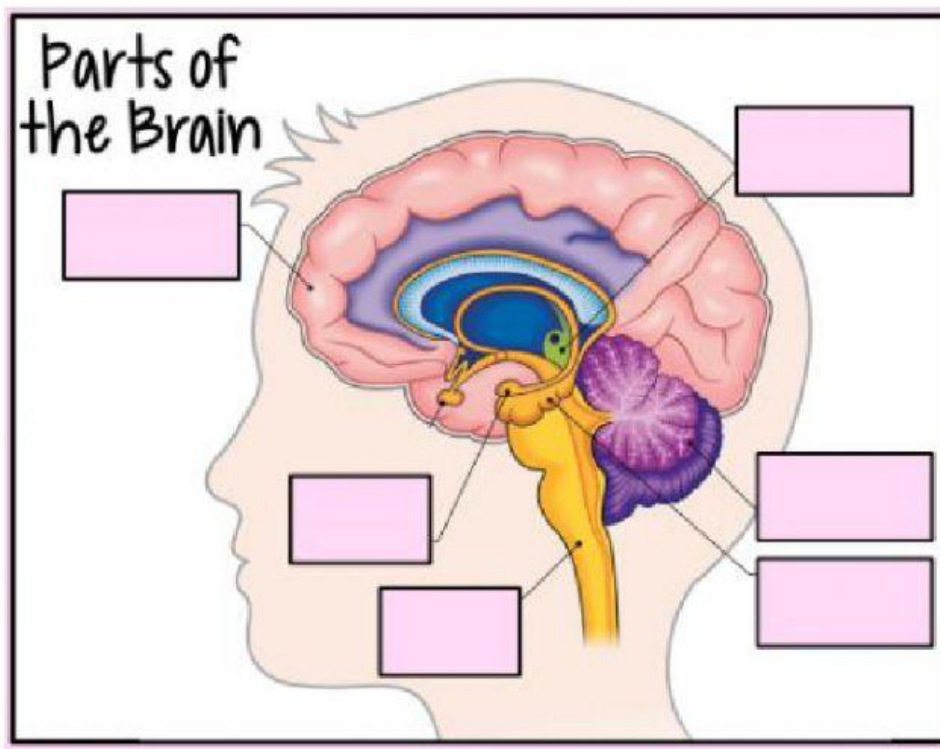
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4. Name two negative effects of watching too much television or playing video games?

5. What are 2 ways to keep our hearts healthy?

6. What is the difference between arteries and veins?

7. Label the INTERIOR of the brain



8. What is the MAIN purpose of the brain?
9. Tell me ONE part of the brain and what it is responsible for
10. What is one disease/illness that affects the central nervous system and HOW?
11. What is one disease/illness that affects the muscular system and HOW?
12. List 3 ways we can keep our skeletal system healthy?
13. List 2 connections between the digestive and respiratory system

Bonus questions:

What is the biggest bone in our skeletal system?

Approximately how many bones do adults have in their bodies?

True or false - we are born with MORE bones in our body than what we have when we become adults