



On Sundays, I get dressed and I play football at eight o'clock.

On Tuesdays, I have tea with my son at half past six.

On Saturdays, I go to bed at quarter past nine.

On Mondays, I have breakfast at twelve to nine.

On Thursdays, I have lunch with my family at quarter to one.

By: Lionel Messi

MY HEALTHY ROUTINE

On Fridays, I listen to music with my wife at ten past ten.

On Wednesdays, I get up at seven o'clock.