

Directions: Answer the questions based on the book "My Heart."

1. How can you feel your heart beat?

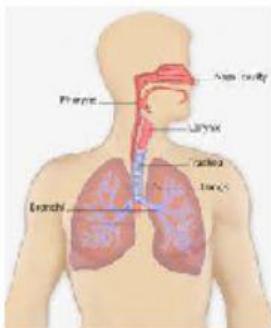


Your pulse

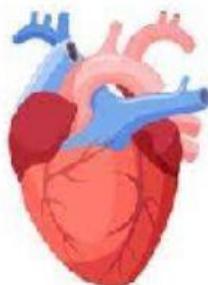


Your forehead

2. What is the heart's job?

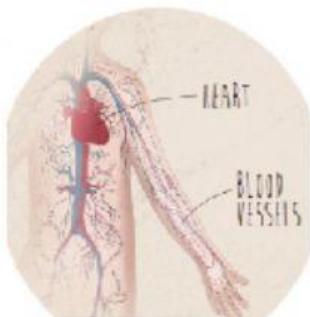


Help you breathe



pump blood

3. How does blood travel around your body?



Blood vessels



skeleton

4. What can help keep your heart healthy?



exercise



eating junk food