

# Occupation (cooking): tomato egg drop soup



Lycopene is high in nutrition

## 1. Ingredients

			
<b>tomato</b>	<b>Shallots</b>	<b>egg</b>	<b>salt</b>

## 2. Cooking tools

				
<b>Gas stove</b>	<b>kitchen knife</b>	<b>Cutting board</b>	<b>pot</b>	<b>Spoon</b>

## 3. Steps to use gas stove

<b>① Turn on the gas bucket switch</b>	<b>② Turn on the gas stove switch</b>	<b>③ Turn on the cooker hood</b>
		

#### 4. Fourth, the steps to cook tomato egg drop soup

<b>① Cut tomatoes into small pieces</b>	<b>② Cut the shallots into small pieces</b>	<b>③ Stir the eggs well</b>
		

<b>④ Hot wok, fried shallots</b>	<b>⑤ Add tomatoes and stir fry</b>	<b>⑥ Add a big bowl of water</b>
		 這個時候可以加入一大碗的水

<p><b>⑦ Add salt to taste</b></p>	<p><b>⑧ After the soup is boiling, add the egg mixture</b></p>	<p><b>⑨ Finally add chopped green onion to finish</b></p>
 <p>加入適量的鹽,慢慢均勻 Add salt to taste, stir slowly</p>	 <p>這個時候先不要攪拌,待 Add the egg mixture when the soup is boiling, do not stir yet.</p>	