



Discuss the following questions in pairs.

1. How much time do you spend on social media on a daily bases?
2. Why do you go there?
3. Do you post more than you observe?
4. What are your posts about?
5. What do the people you follow post about?
6. Describe the relationship you have with the people you have on instagram.

Watch the following video. Pay attention to every detail.



https://www.youtube.com/watch?v=GXdVPLj_pk

As a class, answer the following questions.

1. What's going on in the video?
2. Why do you think she behaves in such way?
3. What role do social relationships play in her life?
4. What does she realize at the end of the video?
5. What does the video end?

Write a letter of advice on how to turn around this situation.

Image this is happening to your very best friend. Think long and hard about what you advice you would give them.

Use the expressions seen in class

