



Diseases and Health Problems

MEDICAL CONDITIONS



1. Cancer is a disease that can affect many different organs and parts of the body.
2. A stroke occurs when the blood supply to the brain is suddenly cut off.
3. a. Asthma is a condition that affects the **airways** of the lungs, also called the **bronchial tubes**, making breathing difficult.
b. Pneumonia is a serious lung disease.
c. Tuberculosis (TB) is an **infectious** disease that affects the lungs and other parts of the body.
4. Hepatitis is a serious disease of the liver.
5. Ulcers are **sores** that can bleed in the walls of the stomach or intestines.
6. Gallstones are small hard objects that can form in the gall bladder.
7. High blood pressure or hypertension is a condition where the heart has to work harder to pump blood through the arteries because arteries may be partly blocked.
8. Osteoporosis is a condition that makes the bones thinner and weaker.
9. Arthritis affects the joints of the body and can cause pain, stiffness and swelling.
10. A heart attack happens when a heart artery is partly or totally blocked and blood cannot pass through it.
11. Diabetes is a disease. The body uses insulin, a **hormone** from the pancreas, to change food into sugar. When this process does not work, a person has diabetes.
12. Kidney stones are hard objects that form in the kidneys and can cause severe pain.

PRACTICE – CLICK THE BLUE BOX BELOW :



THE BODY

Diseases and Health Problems

Vocabulary

airway	n	a passage for air to enter and leave the lungs
bronchial tubes	n	the tubes that connect the windpipe to the lungs
hormone	n	a chemical in the body that influences the activity of some organs
infection	n	a condition caused by germs entering the body
infectious	adj	
sore	n	a painful place on the body where the skin is broken or infected

Comprehension

A. Match the following words with the definitions.

- | | | |
|------------------------|-------|--|
| 1. high blood pressure | _____ | a. a disease that affects the liver |
| 2. stroke | _____ | b. a disease that can affect many different organs and parts of the body |
| 3. heart attack | _____ | c. a disease that causes difficulty in breathing |
| 4. hepatitis | _____ | d. a condition in which the brain does not get enough blood |
| 5. arthritis | _____ | e. a condition in which the joints are swollen and painful |
| 6. asthma | _____ | f. higher than normal pressure of blood against the artery walls |
| 7. diabetes | _____ | g. a disease in which the body does not have enough insulin or does not use insulin properly |
| 8. cancer | _____ | h. a condition in which a heart artery is partly or totally blocked |

Did You Know?

Interpreters are available at some city hospitals. A patient or a family member can request an interpreter. Your doctor may arrange for an interpreter to be at a pre-surgery meeting with a specialist. If possible, plan ahead, as it takes time to find a trained interpreter.

Royal Alexandra Hospital

(780) 477-4134

- There is a full-time Cantonese/Vietnamese interpreter on staff.
- An interpreter can be found for most other languages. There is no cost for the interpreter.

University Hospital

(780) 407-6659

No cost for the interpreter

Glenrose Rehabilitation Hospital

(780) 471-2262

Grey Nuns Hospital and Misericordia Hospital

The hospital will try to find a staff member who speaks your language to interpret. You can also hire an interpreter from Centralized Interpreters Service at (780) 448-2627.