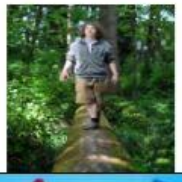
Mental Health – Activity 3, Worksheet 3 – ESL Literacy and CLB 1

Circle the correct word beside each picture.

1.		draw pictures or write	relax	have fun with friends
2.		stay active	talk to someone	relax
3.		rest	eat a good breakfast	draw pictures or write
4.		stay active	sleep	draw pictures or write
5.		laugh	talk to someone	sleep
6.		eat well	stay active	laugh
7.		relax	have fun with friends	talk to someone
8.		talk to someone	draw pictures or write	eat a good breakfast

LIVEWORKSHEETS