

A Day In The Life

Before you listen

1. Think and answer the questions below:

- 1) Are you satisfied with your everyday life? Why (not)?
- 2) If you were able to change one thing in your daily routine, what would it be? Why?

2. Make sure you know these words & expressions

a playground /ˈpleɪgraʊnd/	 <i>an outdoor area where children can play</i>
to have a nap	 <i>to sleep for a short time during the day</i>

While you listen

1. Listen to the recording for the 1st time and answer: “Does the lady like her job? Why (not)?”



2. Listen to the recording for the 2nd time. Fill in the gaps with the words that you hear.

I'm a _____ teacher with a class of two-year-olds. So, um, my daily _____: well, I wake up about _____, take a shower and have breakfast with my _____. I have to be at the Child Development Center by _____ so I leave home by twenty past _____. Luckily, I don't have far to drive. The _____ I do id check my mail at work to see if there are any messages. _____ I go to the classroom and switch on the lights and I check everything is ready for the children. They _____ start coming in about eight. The first hour is play-time, so we're on the _____ with toys. At _____ o'clock we get the children seated at the table for their _____, which is usually muffins and apple _____, or bread and cheese and fruit juice. Then we _____. If the weather's good we take the children out to the _____. This is probably the best part of the day because everyone's happy to be outside. We try to do this _____ once a day. We have lunch at _____ and the most of the children have a little _____ for about an hour. After that, we do some art work or play music to the children or read to them. Then it's _____ time around three thirty: just biscuits and more fruit juice. Then parents usually arrive at _____ to take the children home. When all the children have gone, I write down what we did during the day and clean up a little and then I make plans for the next day. And _____! I'm usually home by _____. Then I relax by reading or watching TV. It's a _____ job.

After you listen

Think about a normal day in your life. Cover the points below:

- hours of work/studying
- tasks you have to do
- people you spend your day with
- problems and challenges
- how you relax
- the best part of your day