



Santa Rosa de Lima Primary School
I SCIENCE SHORT TEST
II Trimester 2021

Fifth Grade
Teacher Xinia Acuña Solís
Time: 35 minutes

Obtained points: _____
Total points: 16 pts
Score: _____

General Instructions:

1. Read the whole test carefully before you start.
2. Check your test before handing it in.

I Part. Identification. Value 6 points. (1 point each one).

Instructions: Label each of these characteristics as **H (healthy)** or **U (unhealthy)**. (6 pts)

Mineral deficiency	Overnourishment	A varied diet
Food with added sugars	A normal BMI	Obesity

II Part. Match. Value 10 points. (1 point each one).

Instructions: Match the meanings in Column A with the correct words in Column B.

Column A

Column B

They measure the amount of energy in food. () **1.** Minerals

They are the major source of energy provided by food. () **2.** Carbohydrates

Nutrients in food that are made of long chains of amino acids. () **3.** Dairy

Foods that are made from milk. () **4.** Proteins

Nutrients in food that can be saturated, unsaturated or trans. () **5.** Calories

A waxy substance that is like a fat and it is necessary to form your cells' surfaces. () **6.** Anorexia nervosa

Nutrients in food that plants absorb from the soil. () **7.** Undernourished

It is when someone gets too many calories or nutrients in his or her diet. () **8.** Overnourished

It is when someone lacks calories or some nutrients. () **9.** Cholesterol

It is an eating disorder typically affects girls and young women. Its symptoms include very low weight, an irrational fear of gaining weight and unrealistic body image. () **10.** Fats