



Santa Rosa de Lima Primary School
I SCIENCE SHORT TEST
II Trimester 2021

Fifth Grade
Teacher Xinia Acuña Solís
Time: 35 minutes

Obtained points: _____
Total points: 16 pts
Score: _____

General Instructions:

1. Read the whole test carefully before you start.
2. Check your test before handing it in.

I Part. Identification. Value 6 points. (1 point each one).

Instructions: Label each of these characteristics as **H (healthy)** or **U (unhealthy)**. (6 pts)

Mineral deficiency	Overnourishment	A varied diet
Food with added sugars	A normal BMI	Obesity

II Part. Match. Value 10 points. (1 point each one).

Instructions: Match the meanings in Column A with the correct words in Column B.

Column A		Column B
They measure the amount of energy in food.	()	1. Minerals
They are the major source of energy provided by food.	()	2. Carbohydrates
Nutrients in food that are made of long chains of amino acids.	()	3. Dairy
Foods that are made from milk.	()	4. Proteins
Nutrients in food that can be saturated, unsaturated or trans.	()	5. Calories
A waxy substance that is like a fat and it is necessary to form your cells' surfaces.	()	6. Anorexia nervosa
Nutrients in food that plants absorb from the soil.	()	7. Undernourished
It is when someone gets too many calories or nutrients in his or her diet.	()	8. Overnourished
It is when someone lacks calories or some nutrients.	()	9. Cholesterol
It is an eating disorder typically affects girls and young women. Its symptoms include very low weight, an irrational fear of gaining weight and unrealistic body image.	()	10. Fats