

Melons are cool! pp 4, 5

Jump, June 2021

1. Listen and fill in the missing words.

Summer _____ are sunny and hot. Eat a _____ of melon! It's full of juice and it _____ you cool down and refresh!

_____ come from Africa and South Asia. There are _____ of types of melons. They grow in more than 90 _____. Some are really big, some are quite _____, and some have seeds inside. But they're all _____!

2. Listen and choose the correct word.

Watermelons come from *Africa/Asia*. They take *19/90* days to grow. The inside is *pink/red* and the skin is *green/yellow*. They have only *35/45* calories per 100g. Thanks to **lycopene**, watermelons are good for your *body/heart*.

3. Listen and say if the sentences are true (T) or false (F).

- a. Cantaloupe melons grow in Europe and Asia. _____
- b. They are red and sweet inside. _____
- c. The skin is very rough, and yellow and beige. _____
- d. They are full of vitamins, and minerals. _____
- e. You can eat them for lunch, in a salad, or as a smoothie. _____

4. Fill in the missing prepositions. Then listen and check.

Galia melons come _____ Israel. They are yellowish _____ greenish inside. They're juicy and they only have 24 calories _____ 100g. There's a lot _____ vitamin A in them, which is good _____ your eyes, skin, hair and nails.

5. Listen to the part about Canary melons and tick the words you hear.

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| ___ Asia | ___ green | ___ minerals |
| ___ Europe | ___ orange | ___ vitamins |
| ___ sweet | ___ yellow | ___ water |