



PERÚ

Ministerio
de EducaciónDirección Regional de
Educación AncashUnidad de Gestión
Educativa Local SantaAPRENDO
en casa**LEARNING EXPERIENCE 3**

Student's name: _____

Grade: " _____ "

Teacher's name: Lady Liliana Untal Escobedo.

English level: A1

Let's Reduce Stress**COMPETENCIA:** The student writes different types of texts in English.**PROPÓSITO DE LA SESIÓN:** Comprende textos breves y sencillos en inglés deduciendo el léxico y las estructuras, a fin de elaborar un texto con un testimonio sobre las actividades que realizas para reducir el estrés.**Activity 1: What to Do?****LET'S OBSERVE!**

Look at the face of the girl and answer the question.

**How is she feeling today?**

hungry



thirsty



sleepy



happy



tired



angry



bored



sad



stressed



scared

How are you feeling now? _____**Are you:**

hungry? Yes\No.

tired? Yes\No.

scared? Yes\No.

sleepy? Yes\No.

busy? Yes\No.

confused? Yes\No.

sad? Yes\No.

angry? Yes\No.

excited? Yes\No.

Look at the pictures, complete the sentences.

thirsty - cold - scared - hungry - sick



LET'S LISTEN AND READ!

Listen to and read the posts.

LOOK!
Lockdown:
Quarantine

Rocio Torres
10:30 AM

In lockdown, I don't go out, I don't visit my grandfather, and I don't see my friends 😞. I feel stressed. What do I do? 😞😞



7 3 Shares

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D David Puma
When I feel stressed, I read comics, I draw my favourite superheroes, and I call my friends.

L Lizbeth Dominguez
Oh no! 😞 When I feel stressed, I eat chocolate, I play the guitar, and dance with my sister.

Lester Fernández
11:30 AM

In lockdown, I feel bored!!! 😞😞 I don't play with my friends, I don't go to school, and I don't go to the movies. What do I do? 😞😞😞



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R Robert Gonzales
I am sorry! When I feel stressed, I watch videos and learn how to cook.

S Susy Guerrero
My friend! 😞 When I feel stressed, I play chess, I listen to the radio, and I dance.

LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Check ✓ the correct box.

UNDERSTAND-EXERCISE 2

Complete the chart.

	😞	😞	😊	😞
1. How does Rocio feel?				
2. How does Lester feel?				

Rocio Torres

1. How does she feel?

Reasons

Example: I don't go out.

- and

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2. David Puma

Example: I read comics

- and

3. Lizbeth Dominguez

- and

Lester Fernandez

4. How does he feel?

Reasons

- and

Like

Share

5. Robert Gonzales

- and

6. Susy Guerrero

- and

¿Sabías que hay estándares internacionales sobre lo que puedes hacer con el inglés? Aquí algunas preguntas sobre lo que puedes hacer en inglés.

1. ¿Puedo reconocer palabras y frases de uso común si están acompañadas de imágenes? **SÍ - NO**
2. ¿Puedo extraer información explícita de un texto? **SÍ - NO**
3. ¿Puedo relacionar acciones con imágenes que las representan? **SÍ - NO**