Read the text and mark the statements True (T), False (F), Not Stated (NS).

Planning Holidays

Everyone needs at least one holiday a year. Different people take holidays for various purposes. Some go hunting, others prefer to climb mountains. A lot of people have holidays relative to sports activities, such as hiking, cycling, horse-back riding, rowing and canoeing, as well as scuba diving or even bungee jumping. Others choose a resort or a spa. A good idea is to go somewhere abroad to see another country.

When you begin thinking and dreaming about the sun and the sea you are ready for a holiday. It's good to go somewhere quiet where the climate is pleasant. For the first couple of days you should rest and sleep as much as you can. Eat local food. Try to learn local customs and traditions. A little sightseeing is a good thing. Always have a dictionary of the local language and pick up a few words. It's not a bad idea to get to know the place as well as you can. Be sure to take the necessary clothes and dress according to the climate. Remember that the sun is good for some people and very bad for others. Protective oils and creams are necessary for a holiday. Don't forget about your camera and take pictures. They will help to remember the most enjoyable moments!

1. How many people so many ways of spending holidays. _____
2. The best way to spend holidays is to do sports activities. _____
3. Going to a foreign country is a wonderful way of spending your holidays. _____
4. If you are tired after work it's good to go to a quiet place. _____
5. Every person needs a rest for some days during the holidays. _____
6. To know a foreign country better we must know local food and traditions. _____
7. We must take as many clothes as possible for our holidays. _____
8. We must be careful with the sun and take some protective measures. _____
9. We must buy souvenirs to remember the places we visited. _____
10. Learning some words of the local language is useful. _____

LIVEWORKSHEETS