O'level
Foundation
Week 23

The Write Tribe

COMPO PLANNING

Composition Topic

Overprotective parents do more harm than good. Do you agree?

Yes	No

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LIVEWORKSHEETS

YES! They do more harm

1. Overprotective parents can lead to lack of self regulation skills

No self management skills

When parents are being overprotective of their child, they would likely to make sure that they have full control of their children's lives. This also means that their environment is usually structured , closely monitored and their time is closely regulated. Thus, without these opportunities to practice managing themselves and the things in their lives, causing them to lack self regulation skills.

According to a 2014 study from the University of Colorado found that adults who grew up with helicopter parents are less likely to possess the mental control and motivation they need to succeed.

Other studies

Helicopter kids grow up to procrastinate and they lack the initiative and motivation needed to succeed. Hence, overprotective parents can lead to children lacking self regulation skills. This is because everything in their life has been planned out for them. They were never given the opportunity to manage things by themselves and learn from their mistakes. Lacking these important skills will also hinder them from being able to achieve their goals in the future.

LIVEWORKSHEETS

YES! They do more harm

Entitlement is perhaps the top word associated with the Millennial generation. In fact, 71 percent of American adults think of Millennials as "selfish," and 65 percent think Millennials are "entitled."
Some of the Millennial behaviors labeled as entitled are...

- Expecting to land a job upon graduating from college.?
- Demanding a certain salary or promotion.?
- Assuming specific flexible hours at work.?

To a high degree, entitlement is a learned behaviour. Millennials never thought of themselves as entitled, but their parents believed they were entitled to everything--thus the emergence of "helicopter parents." It may have been a noble parenting style, but it had unexpected ramifications that infused different behaviours and expectations into an entire generation.

When parents are overprotective of the child, they would do anything they can just so that they do not get hurt. They will make sure that they protect them and treat them with all the care and love that they have. Thus, this will eventually cause the child to think that they are the centre of the universe and should receive special treatments

2. Overprotective parents cause their children to feel entitled.

Researchers from the University of Arizona found that helicopter kids grow up feeling entitled. They're more likely to agree with statements such as, "I demand the best because I'm worth it," and "People like me deserve a break every now and then." Thus, overprotective parents can cause the child to feel entitled. Throughout their lives, they were taught that they should be given the best treatment. They were constantly showered with care by their families. Never have they once been reprimanded or punished before. This would cause them to feel that they should be given the best and everyone should follow accordingly to what they want.

LIVEWORKSHEETS

YES! They do more harm

That's because as a child becomes older they may doubt their own abilities since they've never had to figure out anything on their own. They might feel that their parents don't trust them to make their own decisions, and even start to question whether they're equipped to manage their own life.
Feelings of low self-confidence and low self-esteem can become so bad that they lead to other problems, like anxiety and depression. And these feelings don't simply go away just because a child becomes older.

3. Overprotective parents damages a child's self esteem and confidence.

Millennials and Gen Z are more anxious than previous generations
one 2014 study evaluating the impact of this style on college students found that students raised by so-called helicopter parents were more likely to be on medication for anxiety and depression.

A new survey from the American Psychological Association points to the age group that's been hit hardest: **Gen-Z.**
Gen-Z adults, those ages 18 to 23, reported the highest levels of stress compared to other generations and were the most likely age group to report symptoms of depression, according to the APA's 2020 Stress in America survey.

Society has a tendency to favour masculine traits over feminine traits in the work place.
Masculine traits include
Competitiveness, goal-orientated, independence protectiveness etc.
However, successful business leaders embody both masculine and feminine traits.
Some feminine traits are empathy,humility, persuasiveness, entrepreneurial spirit and resilience.

LIVEWORKSHEETS

YES! They do more harm

3. Overprotective parents damages a child's self esteem and confidence.

The attitude of entitlement
There's also the risk of a child developing entitlement issues where they believe they deserve certain privileges, usually as a result of always getting what they want. They grow up believing the world will bend over backward for them, which can result in a rude awakening later on.
Some children act out or become hostile when they feel their parents are trying to have too much control over their life. Others grow up with poor coping skills. Because they didn't learn how to deal with failure or disappointment during elementary, high school, or college, they may lack conflict resolution skills as well.

Conflict Resolution skills

Quickly Addressing Problems

1. Understanding Reluctant Participants
2. Formalizing Agreements
3. Active Listening
4. Leadership
5. Mediating
6. Meeting with Parties
7. Modeling Reasonable Dialogue
8. Negotiating
9. Nonverbal Communication
10. Open Dialogue
11. Suppressing Conflict-Provoking Behaviors
12. Teaching Positive Behaviors
13. Written Communication

Why conflict resolution skills are important in a workplace?
Effective conflict resolution skills are essential to a healthy workplace environment because they help in saving time, money, relationships, as well as minimizes the distraction for employees from their jobs. Being a team player is important. If children grow up with low self esteem and immature attitudes, they would have a hard time sticking to a job. This is why overprotective parents do more damage by not allowing children to clear disputes on their own. They grow up feeling that Mommy or Daddy will come to their rescue!

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LIVEWORKSHEETS

YES! They do more harm

QUIZ TIME!

1. What is a feeling of entitlement?

a. A feeling that you deserve something even though you may not be qualified yet for it

b. A feeling you deserve something because you are qualified for it

2. What is helicopter parenting?

a. Closely monitoring a child's activities

b. Giving the space and freedom for a child to make mistakes

3. What are some negative effects of children who were raised by helicopter parents?

a. They have low self confidence and esteem

b. High achievers, independent and stable

4. "I demand the best because I'm worth it," is an example of entitlement

a. True

b. False

LIVEWORKSHEETS

5. Students raised by so-called helicopter parents were more likely to be on medication for _____ and _____.

a. anxiety, depression

b. flu, fever

c. covid 19, SARS

6. What are some examples of conflict resolution skills?

a. Quickly Addressing Problems, negotiating, mediating

b. Avoiding conflict, being defensive, playing the blame game

7. Why is micromanaging a child's life bad?

a. The children might feel that their parents don't trust them to make their own decisions,

b. The children might feel that their parents don't care enough about them

LIVEWORKSHEETS

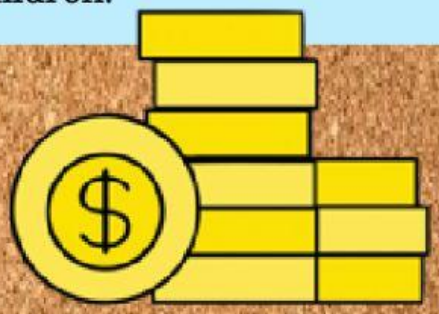
NO! They don't

There's an upside to parents as well as to kids. In addition to having children who like like their parents and want to stay in touch, overprotective parents may also be creating a community with an overall sense of family connectedness. As they grow, children who were parented closely often want to remain close. Perhaps this will diminish the fears parents have about an aging society, where seniors become lonely and neglected. Perhaps, just perhaps, helicoptered children may someday hover over their parents and return the favour.

There's a lot of fear in society about the ways technology creates distance and isolation. We look at the younger generations with their heads buried in their phones and wonder if they will know how to make conversation or form connections. But we forget that, even on those phones, they are in constant communication—not only with their friends, but with their parents. Through this lens, helicopter parenting might be considered an antidote to the loneliness of the digital age, a way to create snug, loving bonds with our children.

1. Kids learn to value family and parents

More than ever, Millennials are joining the ranks of earlier generations in caring for their aging or ailing parents. According to a new survey of 991 Millennials by Caring Advisor, roughly half are already actively taking care of their parents, while the others are currently in the planning phase. Millennials were the first generation to experience "helicopter parenting," which according to author and licensed psychologist Ann Dunnewold, can be defined as simply "over-parenting." While much has been written for and against helicopter parenting, it does appear to hold some benefits as parents enter old age. For instance, Millennials seem to have a clearer picture of what's needed as their parents get older. And, better yet, they're really stepping up.



One-third of Millennials have begun financial planning for parental caregiving; they've saved $3,096 on average, per CaringAdvisor.

LIVEWORKSHEETS