



Playing is fun. When we _____, we use our bones and _____. _____ and muscles help us _____.

We _____ with our hands. Our _____ have _____ bones. One hand _____ 27 bones.

We _____ with our _____. Our feet _____ many bones. One _____ has 26 bones.

When we throw a _____, we _____ 34 muscles. When we _____ a ball, we use _____ muscles. When we _____, we _____ more _____ 70 muscles.

We _____ to take _____ care of our bones and muscles.

Ex 1: Listen and write the correct word in the blank.

Ex2: Reorder the words to have a correct answer:

1. *move/ when/we/use/,,/bones/our/we/use/and/muscles/.*

2. *play/football/we/with/our/feet/.*

3. *throw/a/ball/we/when, use/we/muscles/ 34/.*

4. *has/one/hand/bones/27/.*

5. *feet/have/bones/many/our/.*

6. *help/us/bones/muscles/and/ play/.*