

# Food labelling



Nutrition Facts		
Per 3/4 cup (28 g)		
Amount	Cereal Plus 125 mL Only 2% P.S. Milk	
Calories	110	170
	% Daily Value	
Fat 1 g*	2 %	5 %
Saturated 0.2 g + Trans 0 g	1 %	9 %
Cholesterol 0 mg		
Sodium 180 mg	7 %	

## Task 1: Match the words

- |                       |                         |
|-----------------------|-------------------------|
| 1. consumer           | A. подходящий           |
| 2. storage conditions | B. питательное вещество |
| 3. suitable           | C. потребитель          |
| 4. nutrition          | D. условия хранения     |
| 5. complain           | E. жаловаться           |

## Task 2: True/False/Doesn't say (DS)

- |   |         |
|---|---------|
| 1. All countries have the same rules about what information must be on a label                            | 1 _____ |
| 2. Tinned food must be kept in a cool dry place after opening.  | 2 _____ |
| 3. The information about the company is there so consumers can contact the company.                       | 3 _____ |
| 4. Food labels tell consumers whether there are any ingredients in the food that cause allergies.         | 4 _____ |
| 5. Nutritional information tells consumers how much protein, fat sugar, salt, etc. there is in a product. | 5 _____ |