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LIVEWORKSHEETS

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Happy Happiness Day!

How can we measure happiness?

¿Cómo podemos medir la felicidad?

Do you live in a "happy country"? The United Nations (UN) can tell you. Every year, the UN makes a list of countries in the world. The first country on the list is the happiest country in the world. The last country on the list isn't a very happy place. The UN thinks happiness is important. That's why they make the list. It's called the *World Happiness Report*. People in 156 different countries answer questions for the report.

The report shows many things. Rich countries are happier than poor countries. Freedom to make choices is important for happiness. Do you volunteer? According to the report, helping others makes people feel happy.

Finland was the happiest country on the list for three years.

Most Finns feel satisfied with their lives. They can depend on their friends and neighbors.

You can read a new World Happiness Report on March 20 every year. Why March 20? That's the UN's "International Day of Happiness." Happy Happiness Day!

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Question

1. Who makes the World Happiness Report?

a. The United Nations

b. People around the world

c. The happiest countries in the world

d. The richest countries in the world

2. According to the article, people answer 156 questions for the report.

a. True

b. False

c. We don't know.

3. What does the World Happiness Report tell us?

a. How many people volunteer in every country

b. How many countries there are in the world

c. Why happiness is important to people

d. Which country is the happiest in the world

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4. What is NOT true according to the report?

a. Rich countries are happier than poor countries.

b. People think freedom is important for happiness.

c. Finland was the happiest country every year.

d. Most Finns are satisfied with their lives.

5. The UN's International Day of Happiness is on March 20.

a. True

b. False

c. We don't know.

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Vocabulary

Happy I'm happy to see you! The baby gave a happy smile.

Happiness: They are happy living in the country. a happy childhood. a happy marriage.

Volttuner: We need more committed volunteer workers to bridge the gap between hospital and getting well in one's own home

Freedom: I felt such a sense of freedom, up in the hills alone.

Countries: The climate is cooler in the east of the country

Report*:* The storm is reported to have killed five people.

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